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ARCATA

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TRINIDAD

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2016

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journal
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Menu of Menus is an annual publication. Prices and sample menu items are subject to change.

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NEW IN TOWN

“I don’t know, where do you want to eat?” As sentences go, it’s right up there with “We need to talk.” So let’s arm you with some new suggestions from the bevy of eateries that have opened around the county in the past year. A new place can shake you out of your dining inertia and maybe even get you through that awkward talk.



BY
*JENNIFER
FUMIKO
CAHILL*



Salt Fish House. PHOTO BY AMY KUMLER, STYLING BY LYNN LEISHMAN



Taste of Bim. DREW HYLAND

Northern Humboldt

If you're wondering why the 76 Station near the totem pole in McKinleyville smells like bacon, it's the **Wild Oaks 2** trailer parked there (1980 Central Ave.). Like its older sibling, it's hauling smoky meats, but also sandwiches, chili and chowder. In Carlotta, people are following their noses to **Restaurant 36** (5427 State Route 36, Carlotta) for burgers, steaks and plates of classic American fare.

Arcata

In Arcata, a couple of old standards have made way for new blood. The folks who run Crush have opened **Harvest** (835 J St.), offering "farm-to-fork" sweet potato gnocchi and a seasonal menu on the hallowed ground of the former 3 Foods, while **Salt Fish House** (761 Eighth St.) is shelling out seafood, raw and cooked,

and land-locked options with chic cocktails where Hunan Plaza once was.

If you didn't know cider was a thing, it is. Dual lines for the Local Cider Bar's taps and Slice of Humboldt Pie are forming steadily at **Bittersweet** (828 I St.) — both to be enjoyed on the side patio. If you do indeed like them apples, you can get bottles and glasses of locally made stuff in the Creamery District, too, at **Wrangletown Cider** (1350 Ninth St.), which is serving a couple of days a week but looking to expand.

A truckload of jerk tofu, cashew burgers and fish offerings await you at the **Simmer Down Caribbean Café** (737 G St.), a mobile operation with Jamaican flavor. Also vegetarian-friendly is **Cafe Phoenix** (1360 G St.), with its wholesome omelets, soups and homey baked goods. Add to their ranks **Sistah's Vegan** (100 Ericson Court #160), which paraphrases

Hippocrates, proclaiming, "... food is our medicine and medicine is our food."

If you're looking to indulge, you might swing into the sweet, pink environs of **Mia Bella Cupcakes** (1041 H St.) where the army of cupcakes changes up flavors daily. Or hit **Roman's Kitchen** (681 I St.) for a burger and fries or an Ike and Tina Tuna Salad (seriously) where the Trailer used to park.

Eureka

The tables have turned in Eureka, too. Downtown, **Taste of Bim** (613 Third St.) is calling up your vacation memories/fantasies with island dishes like cod fritters, plantains and roti. There's more of a stay-cation vibe over at **Jack's Seafood** (4 C St.), with its view of the bay, oysters and bowls of chowder. The newest room with a view is **Humboldt Bay**



Double D Steak and Seafood. PHOTO BY AMY KUMLER, STYLING BY LYNN LEISHMAN

Bistro (1436 Second St.), a French-American spot for Bellinis, escargot and surf and turf.

More burgers are on the menu, along with salads and fancily topped fries, at the shiny, new **Sixth and E Street Eatery** (603 E St.). For breakfast all day, **Green Lily** (307 Second St.) has become a decidedly non-greasy-spoon option, with eggs Benedict, homemade biscuits and sandwiches. **Taqueria Rosales** (312 W. Washington St.) is joining the ranks of local Mexican joints, and if you were wondering how many Japanese-Italian places Eureka needs, it's evidently one more — **A&J Ichiban** (615 F St.) is rolling sushi, boiling up ramen and tossing fettuccine across from the Eureka Theater.

While we're still trying to peek past the paper in the windows at **Diver Bar and Grill** (2834 F St.), the airy dining room of **Zoë** (2850 F St.) is serving sal-

ad Niçoise and pizza margherita from a wood-fire oven. Also in Henderson Center, Vellutini's storefront operation has fully transitioned into the **Corner Cafe & Bakery** (502 Henderson St.), so you can stop worrying about where your next snickerdoodle is coming from and keep your eye out for new menu items.

Your eyes aren't going — Luzmila's has morphed into **Luis'** (946 West Ave.) and is still serving most of the same Mexican dishes with a few little changes. And you're not hallucinating — **Vampire Penguin Desserts** (3144 Broadway) is real, too, with a long menu of shaved ice desserts in both Asian and American flavors — like a snowball lobbed by Willy Wonka. And it's not déjà vu — you can come ashore at the **Boathouse Bar & Grill** (6690 Fields Landing) for a drink, some American pub food and a game of pool.

Eel River Region + South

Heading south to Fortuna, **Philly Cheese Steak Shoppe** (1095 S. Fortuna Blvd.) has expanded into Eel River territory, and **Double D Steak and Seafood** (320 Main St., Fortuna) is bringing back the old Parlatto's vibe plus its own take on classic pastas and American dishes, including Rocky Mountain oysters, in case you've been looking for them. Finally, **The Lost French Man** (3350 Redwood Drive, Redway) has found a home in Southern Humboldt, where he's knocking out paninis, wood fired pizzas and smoothies.

That's a lot of new food to try out, but we're committed that way. Check out the Hum Plate blog at www.northcoast-journal.com to see the food we're loving around Humboldt, and send tips about your favorites to Jennifer@northcoast-journal.com or on Twitter @JFumikoCahill. Now, what do you want to eat? ♡



Breakfast

From 7:00 to 11:30

Featuring all Organic Petaluma Eggs, Niman Ranch
Ham & Bacon & house made sausage

Brio Classic	10.25
Two Poached Eggs on toasted Levain or Croissant, with choice of Ham or Bacon	
Omelettes 3 Cheese or special du jour	9.25
Croque Madame	10.85
Croque Monsieur with a poached egg on top	
Potatoes & Eggs	6.25 / 7.25
Savory country potatoes with poached eggs	
Brio Basic	5.75 / 6.75
1 or 2 poached eggs on toasted levain or croissant	

Brunch

Weekends from 8 to 3

Prosecco Mimosa, fresh O.J.

Brio Eggs Benedict, California Benedict,
Chef's Brunch Omelette, Eggs Brian,
Sausage & Eggs du jour, Quiche, Muesli,
Potato Bacon & Rosemary Tart. . .

Breakfast Pastries

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Jalapeño Cheddar Croissant

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ORGANIC

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Turkey & Swiss	6.95
Diestel Turkey, Emmental, Dijon & greens, mini baguette	
Ham & Swiss	6.95
Niman Ham & Emmental, Dijon & greens, mini baguette	
Avocado Grove	7.85
Avocado, Chevre & caramelized onion on Focaccia roll	
All Ready-to-Go Sandwiches can be Panini Grilled	

Lunch Specialties

Available from 11:30

Chicken Puff Pie	12.85
Free-range chicken & mushrooms in a white wine & cream sauce, in a puff pastry crown with a small salad	
Macaroni & Cheese	9.25
(with Niman Ranch bacon 10.25)	
Salad du Jour	AQ
Seasonally inspired, composed or tossed.	
Spinach, Bacon & Blue Salad	9.85
Tuna Salad	9.85
Warm Chevre Salad	9.25
Hot Sandwich Specials	AQ

Grilled Sandwiches

Available from 11:30

Croque Monsieur	10.50
Mushroom Croque	10.65
Pulled Pork	12.85
Reuben	12.85
Turkey & Swiss Melt	9.95
Tuna Melt	10.95

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Seven Cult Sandwiches

For a lunch that's equal parts utilitarian and delicious, a sandwich is the timeless go-to. But the proletarian origins of the humble sandwich, coupled with Subway's ubiquity, have too often given sandwiches the reputation as blasé affairs. The good news for the sandwich curious is that the lunch scene in Humboldt is more than cold cuts and yellow mustard. We found sandwiches dressing themselves up with arugula and Sriracha aioli, and inspired by other cultural mainstays like tacos, pizza and spring rolls.



BY
NORA
MOUNCE

Reliable sandwich outposts dot the route from Fortuna to Trinidad. Here are few favorite spots to mow down Humboldt's best meals between two slices of bread.

Hole in the Wall

With inconspicuous locations in both Eureka (1331 Broadway) and Arcata (590 G St.), Hole in the Wall has the best sandwich-quality-to-micro-real-estate ratio sewn up. The options to BYOS (build your own sandwich) are endless, but in terms of creativity and taste, the signature creations are the best choice. In a reverse deconstructed-salad maneuver, the Cobb (\$9.75) stacks lettuce, avocado, bacon, turkey and blue cheese between two slices of your choice of bread for a sandwich that gives you the gold star feeling of having ordered a salad. If you're a bit hungrier or perhaps even waffling on sandwich vs. taco, try the torta (\$9.25). It's essentially several delicious carnitas tacos packed into a fresh-baked Brio roll with cilantro, hot sauce and avocado.

Humboldt Smokehouse

A few different barbecue houses are in the hunt for Humboldt's best, but the Humboldt Smokehouse (310 Fifth St., Eureka) is making authentic, slow-cooked meat. The sandwiches (\$9.99) are filled with either pulled pork, pork belly, smoked chicken, pork loin or burnt ends (which you must get to know) in a variety of smoky combinations. The Kansas City, made with your choice of meat, smoked cheddar cheese, scallions and bacon is a house favorite, but meat lovers can upgrade to the Big Poppa, wherein smoked cream cheese, smoked jalapenos, bacon and barbecue sauce accompany your choice of meat. Now about those burnt ends — an exercise in culinary zero-waste, they are the beef trimmings set aside by the pit master. Their origins can be traced back to a serious barbecue town, Kansas City, where burnt ends used to be given away as doggy snacks. By now humans, too, have learned to love the delectable, fatty saltiness and the Humboldt Smokehouse will add burnt ends to your soft roll for only an extra \$1.99 well spent.

Ferndale Meat Company

A trip to Ferndale is filled with the nostalgic reminders of the town's rich history as both a Victorian village and a dairy town. The shops and restaurants along Main Street have the classic eats to match. The Ferndale Meat Company (376 Main St.) dates back to the Humboldt Gold Rush days and holds an honorable place on the town's historic registrar. A butcher, deli and grocer, the Meat Company smokes the tri-tip in-house to feature on its best-selling sando the smoked tri-tip (\$7.50). A generous pile of sliced meat is accompanied by mustard, mayo, pickles, onions, lettuce and tomato with your choice of cheese and bread, but we recommend the soft, savory onion roll to hold that oozy, smoky deliciousness together.

Murphy's Market Trinidad

If there were a signature Humboldt sandwich, it'd be the sweet taste of fresh crab bookended by slices of Vellutini's sourdough, with a light smear of mayo, lettuce and tomato. This Humboldt classic can be caught in the fishing village of Trinidad at the Murphy's Market deli (1 Main St. Trinidad). Sure, there are branches in Bayside and Eureka, but the sea air adds something. Though the Humboldt crab industry has been stymied by water quality regulations in 2016, until the season opened here, Murphy's was keeping the regulars faithful by shipping in fresh-caught crab from the nearby Oregon coast. The crab sandwich (market price) featuring a ¼ pound of lump Dungeness is available from the start of crab season through the summer. Some prefer the taste of crab clean and natural, but many locals will ask for Larrupin's mustard dill sauce to make it extra sweet and delicious.

Pasta Luego

The transports-you-to-Italy factor at Pasta Luego (791 Eighth St., Arcata) cannot be

overstated, particularly after biting into one of its perfectly crafted paninis. Italian cookies, aprons, wine and refrigerated pasta sauce surround the main event — a deli case stocked with premium Italian charcuterie, sliced to order. The menu consists of Italian subs on Brio baguettes and a selection of panino, perhaps the highest form of sandwich art, in which the slow toast of bread and cheese creates a perfect harmony of textures. If you also love the interplay of sweet and savory, try the Coco, featuring a wonderfully salty rosa cotta ham, roasted red peppers, arugula, Gorgonzola cheese and house made fig jam (\$9.50).

Wildberries' Wild Platter Café

Wildberries' deli offers a menu of special sandos that pair perfectly with a six-pack of IPA and a trip to Moonstone Beach. For something on the healthier side, try the Wild Veggie Delight (\$7.99 whole, \$4.99 half), a sturdy sandwich housed in a whole wheat roll and layered with organic hummus, Vegenaise, cilantro, red onions, lettuce and tomatoes. If you BYOS, try keeping it local with Wild Planet tuna or grilled organic Tofu Shop tofu and topping it off with Larrupin's signature mustard dill sauce (\$7.29 whole, \$4.49 half).

Z & J's Asian Subs

First of all, it's a drive-thru. Pull up to the silver silo-shaped Z & J Asian Subs (2336 Third St., Eureka) across from Target, and a friendly face will ask you to choose chicken, pork, prime rib, tuna or tofu. Do you want to add avocado or cheese (\$1.49 each)? And would you like it spicy, medium or mild? Before you know it, a large sub (\$8.99-10.99) that is a meatier, tangier relative of Vietnamese bánh mì will come through the sliding window, packed with a fistful of shredded carrots, fresh cilantro and house-smoked meats, spicy as you like. ♡

pasta luego **COCO**



PHOTO BY AMY KUMLER, STYLING BY LYNN LEISHMAN

How to Pick a Bar in Humboldt

By Grant Scott-Goforth
and Jonathan Webster

LOOKING FOR
A SHOW, A DJ,
OR KARAOKE?

yes

not really

OK, WHAT
PART OF THE
COUNTY ARE
YOU IN?

Northern
Humboldt

Southern
Humboldt

Arcata, Eureka,
McKinleyville,
Blue Lake, or the
Eel River Region

SoHum's toasting at the **Brass Rail** in Redway, the **Yellow Rose** in Petrolia and the **Blue Room** and **Branding Iron** in Garberville. If you're feeling fancy, there's always the polished bar and uptown appetizers at the **Benbow Inn**, where you can stay over if need be.

Humboldt County's bars are the perfect spots to sample its fine local beers and spirits, while taking in great music, watching a game and mingling with the locals. From world-class Bloody Marys to high-end cocktails to \$2 pints, Humboldt bars have you covered morning, day and night. Just remember — our county's roads are dangerous enough, so plan ahead and designate a sober driver.

Humboldt's got a happening live music scene, with up-and-coming and established bands playing every genre. Not to mention DJs, karaoke and more. Check up-to-the-minute listings at www.northcoastjournal.com or plan your week with the "Music and More" grid in the paper edition of the NCJ.

Trinidad's your spot, with the **Ocean Grove**, various wine tasting options and a **casino** with a view.

50
NEARBY
BARS

ORDER LIQUOR?

Pearl Lounge
Richards' Goat Tavern
& Tea Room
The SpeakEasy

Salt
Fish House
The Sea Grill
Shamus
T Bones
Timeout
Sports Pub

Abruzzi
Hotel Ivanhoe
The Jam
Mazzotti's
Arcata

Plaza Grill
Restaurant 301
Restaurant 511
RJ's Bar
& Grill

LITTLE BIT DIVE-ISH?

AA Bar & Grill

Dave's Place
Ernie's

Central
Station
Clam Beach
Tavern
D&L Lounge
Everett's Club
Lil' Red Lion
Cocktail Lounge

*Life hack:
To avoid bad
hangovers, drink plenty
of water. And less alcohol.*

Going out for a drink in the more urban parts of Humboldt has one huge advantage: you've got choices. This Venn diagram can help you narrow them down. At the center with a little bit of everything, is **The Alibi**, actually two bars in one. Its newer half opened in 2015, but the enduring popularity of the older side proves that to many, "dive" is definitely a compliment.

LOOKING FOR SOMETHING ELSE?

ORDER A MEAL?

PLAY POOL?

SHOP FOR VINYL?

The Shuffleboard tables at **AA Bar & Grill** and the **Palace Saloon** are monuments in their respective institutions. For a modern take, try the half-digital version of the game at **Sidelines**. Open and inviting **Redwood Curtain Brewery** hosts monthly shuffleboard tournaments.

If you find yourself picking bar stools over couches for can't-miss games, you know there's more to a true sports bar than having a few TVs on the wall. For full satellite packages and bartenders that always know what channel they're looking for, **Sidelines** and **Timeout Sports Pub** are the real deal.

The Shanty has Old Town Eureka's cheapest pints, a ping pong table out back, and a very well-curated jukebox inside.

Restaurant 301 offers ultra-high-end spirits in a comfortable setting, but you can't beat \$2.50 martinis and Manhattans during happy hour.

Humboldt weather is fickle, which makes for no greater pleasure than having a cold drink outside when you can. Enjoy partial afternoon clearing at the **Humboldt Bay Tourism Center**, **Mad River Brewing Co.** or **Six Rivers Brewery**. And for a lovely view of Eureka's waterfront, check out the bar at **Cafe Marina**.

Congratulations, you are extremely picky. Stay at home. No one likes you.

SHUFFLEBOARD?

you're on

nah

LOVE SPORTS?

sure do

nope

GREAT HAPPY HOUR?

perfect

BEER?

COCKTAIL?

psh I'm rich

DRINK OUTSIDE?

no

sounds nice

BitterSweet
Black Lightning Motorcycle Café
Eel River Brewing Co.
Mad River Brewing
Ramone's
Sushi Spot

Humboldt Brews
Lost Coast Brewery

Rose's Billiards

Dead Reckoning Tavern

Humboldt Regeneration Brewery
Redwood Curtain Brewing Company
The Local Beer Bar
The Siren's Song Tavern

Bar-Fly Pub & Grub

Six Rivers Brewery

The Alibi

Sidelines Sports Bar

The Playroom
The Shanty

Palace Saloon
Sal's Myrtlewood Lounge
Sal's Off Broadway Sports Bar

The Logger Bar
The Palm Lounge
Steve & Dave's



The Sea Grill

SPECIALIZING IN FRESH LOCAL SEAFOOD SINCE 1988

ALWAYS featuring a large selection of fresh seasonal fish. King salmon a specialty! Alaskan halibut, charbroiled sturgeon, ling cod, black cod, snapper and Dungeness crab, petrale sole, ahi, Hawaiian swordfish and mahi mahi. Humboldt Bay oysters raw or baked on the half shell, delicate Kumamotos and steamed clams and mussels. Our dinners include soup of the day, award winning chowder or our famous salad bar. Fresh baked rolls, fresh seasonal vegetable and accompaniments. Savor fabulous house made desserts and stellar cocktails.



SAMPLE MENU

APPETIZERS

Raw or Baked Local Oysters
Caviar Kumomotos
Seared Cajun Spiced Ahi
Steamed Clams and Mussels
Calamari
Shrimp and Crab Cocktails
Grilled Marinated Artichokes
Wild Mushroom and Goat Cheese Crostinis

STEAKS - BLACK ANGUS BEEF

Filet Mignon
New York Strip
Steak and Lobster
Prime Rib and Prime Rib Combinations

SEAFOOD

Australian Lobster Tail
Wild King Salmon filet
Scampi
Stuffed Petrale Sole
Local Snapper Almondine
Steamer Clam Dinner
Razor Clams
Humboldt Bay Oyster Dinner
Fettucine with Dungeness Crab

POULTRY

Chicken Sauté Sec
Stuffed Chicken Breast
Half Roasted Duck

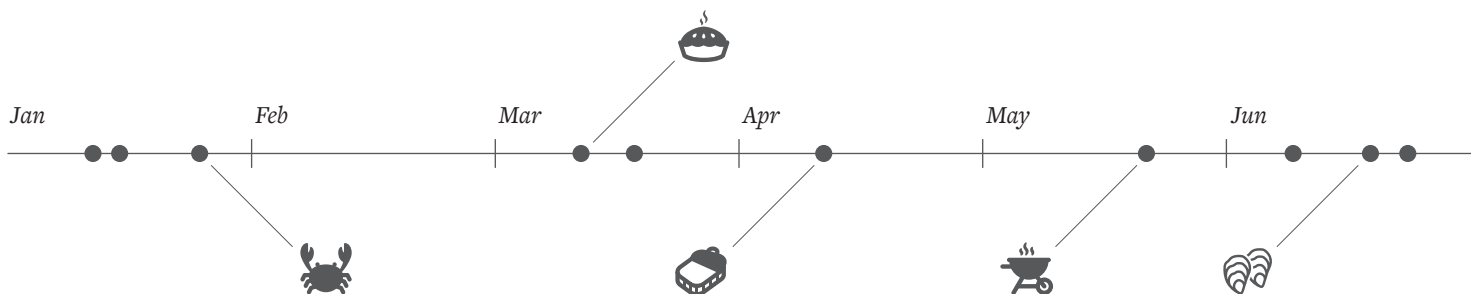
316 E STREET . OLD TOWN EUREKA . 443-7187
DINNER: MONDAY THROUGH SATURDAY 5-9PM

Morsels *by* *Month*

For the glory of good eats, loosen that belt a notch (or three), gourmets, gourmands and gastronomes, and mark your calendars. Here's a list of Humboldt's best eatin' events to keep you salivating all year long.



BY
JOSEPHINE
JOHNSON



January

Big Chili Cook-off: In mid-January Big Brothers and Big Sisters of the North Coast hosts its annual Big Chili Cook-off at the Mad River Tasting Room in Blue Lake. For \$10 you get a bowl of chili (plus tasters!) salad and cornbread, plus live music. Gotta buy the beer, though. A rootin' tootin' good time, all for the sake of local kids.

Bowl of Beans celebrates Martin Luther King, Jr. Day at the Arcata Community Center. Begun in 2000, this evening of rice, beans, cornbread and salad is a vibrant community tradition complete with local music and youth performances. Proceeds support Arcata youth art programs and scholarships.

Eureka Crab Crawl: At the end of January, it's a two-day celebration of the crabbiest kind in Old Town, Eureka. Have your polar fleece and rain boots at the ready, then enjoy the crawl 5 PM to 9 PM Friday and Saturday. It's pay-as-you-go, with participating bars and restaurants featuring their best crab-themed drinks and dishes. Stick around for crab festival events the rest of the weekend.

February

After all that chili, beans and rice, and crab, a digestive rest is in order. Well, maybe just a little local Valentine's chocolate.

March

Humboldt Pie Fundraiser: Mmm-mmm, pie ... The annual Humboldt Pie Fundraiser at the Wharfinger Building in Eureka happens mid-month and cele-

brates all things flakey, gooey and home-baked. Cash awards for best pie and pie eating, games for the kids and live music. Proceeds benefit Tri County Independent Living and Community Members with Disabilities.

Taste of Main Street On the cusp of the Redwood Coast Music Festival, dozens of Old Town eateries and bars are on the menu as you stroll around grazing on samples. Don't dawdle and come hungry. Afterward, work it off at the Redwood Coast Music Festival's kick-off swing dance.

April

Spamley Cup: Ah, SPAM, that guilty, salty-fatty, porky-ham pleasure, especially necessary after a late night at the Shanty. At the Spamley Cup local chefs and armchair connoisseurs compete and craft this specially processed American meat into gourmet entrees. Entrants are judged on presentation, creativity and taste. The great local music, kid activities and food benefits CASA of Humboldt. Spamtastic!

May

Redwood Coast Up in Smoke Beer and BBQ Tasting: On May 21 at Redwood Acres Fairgrounds, local breweries showcase their best beverages, and barbecue aficionados compete for top honors. Best part? It's all you can eat. With live, local music. Proceeds go to the Clarke Museum.

June

Pony Express Days In the first week of June, it's another round of chili, a good

option for those sometimes cold, overcast days. Pony Express Days in McKinleyville hosts an entire week of family fun including this chili cook-off at the McKinleyville Activity Center. Sample every chili and vote for the champion.

Oyster Fest: With more 12,000 attendees each year, the bivalve bacchanalia on the Arcata Plaza is one of Humboldt's signature summer events. Always on the Saturday before Father's Day — this year, it's June 18. The event is sponsored by Arcata Main Street and proudly showcases the aquaculture of our very own Humboldt Bay with live music, shucking contests, an army of vendors and chefs competing for best oyster.

Best of Humboldt Fair: at Redwood Acres takes place June 23 through 26, featuring local food products, tastings, funnel cakes and the best fried fair food. It's a great place to catch the best of what's being produced in Humboldt.

July

Fourth of July: Get ready for fireworks and food festi-palooza in Humboldt — Arcata, Eureka, Benbow and Ferndale all boast day-long celebrations with tons of local food vendors, music, games and family-friendly activities. Can't wait? Fortuna parties on July 3.

Fortuna Rodeo: July 11 saddle up for the Fortuna Rodeo's signature chili cook-off kick-off. The following Sunday, enjoy the Rodeo's annual pit barbecue for lunch — 4,000 pounds of beef, 80 gallons of potato salad, 1,800 bread rolls and 100 gallons of baked beans make this one delicious way to wrap up the famous Fortuna Rodeo. →

Oyster fest

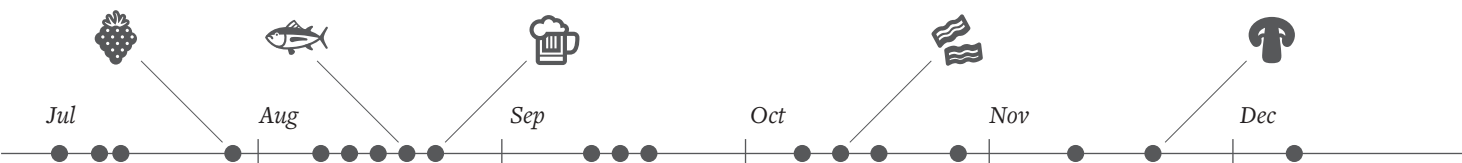


PHOTO BY DREW HYLAND



hops *in humboldt*

PHOTO BY DREW HYLAND



BBQ and Brew: On July 9, kick up your heels at the BBQ and Brew. Get your fill of tri-tip, marinated tofu fillets, hot dogs, grilled veggies, corn on the cob, local organic salad fixin's, watermelon and cookies. Local live music and hayrides, too. Proceeds go to Heart of the Redwoods Community Hospice.

Blackberry Festival: At the end of July, head to Westhaven for the annual Blackberry Festival at the Westhaven Firehall — blackberry and huckleberry pie are the local faves, but you can also buy barbecue, hamburgers, beer and wine. Local music, too. Proceeds go to the Westhaven Volunteer Fire Department.

August

Humboldt County Fair runs August 18 thru the 28, and sure, you can check out prize-winning livestock, enjoy the thrill of the mid-way, or try your luck at the horsetrack. But really, you'll want to load up on all your favorites that only come around once a year — funnel cakes, shaved ice, corn dogs, cotton candy, caramel corn and all things deep fried and delicious.

Taste of Willow Creek in mid-August go inland to Willow Creek and enjoy all the best local deliciousness — wine, hors d'oeuvre, barbecue, fruits, veggies, local art and music.

Taste of the Cove: At the end of August, get ready for a meal with a view at Mal Coombs Park in Shelter Cove. Grilled fresh-caught seafood is the order of the day. Proceeds benefit Heart of the Redwoods Community Hospice.

Yurok Salmon Festival: August 20 marks the 54th year of this family-friendly fest. Held at the Klamath Community Center, the celebration includes cultural demonstrations, a 5K run, heavy machinery rodeo and more. The lunch includes

Klamath salmon fresh as you'll ever have it.

Hops in Humboldt: On August 27 get ready to get your beer and grub on at Humboldt's biggest beer fest in Rohner Park, Fortuna. Pizza, pretzels, Indian tacos, tri-tip, fries, kabobs, Mexican and more compete for room in your belly with 35 different beers.

September

North Country Fair: Held September 17th and 18th on the Arcata Plaza, this two-day romp in the sunshine has been a jewel of local culture since 1974. The fair features the best of local and regional arts, crafts, music and food — pizza, beer, oysters, barbecue, veggie delights, sweet treats and much more.

Tastin' Trinidad: Local restaurants, cafes, wineries and breweries showcase what they do best as the sun sets over the seaside town. Bocce ball, live music, and stuff for the kids.

Fieldbrook Art & Wine Festival: The last Saturday in September at the Fieldbrook Winery, enjoy barbecued oysters, albacore, chicken, local wine, beer, live music and artisan booths. Admission is free but proceeds benefit Fieldbrook Educational Foundation and Fieldbrook School.

October

Apple Harvest Festival: The first week-end in October, Fortuna halts traffic downtown for an old fashioned street fair. Bushels of apples — on sticks, with caramel, in pies, baked and deep-fried. There's even more food, barbecue and family activities in Rohner Park.

Bacon Fest at Blue Lake Casino held mid-October, is the place for all things porcine and delicious. Vendors serve up

their best morsels in the casino parking lot — you can smell that delectable fat frying as far away as the Logger Bar.

Hoptoberfest: Held mid-October in Perigot Park in sunny Blue Lake, this one celebrates regional breweries, area food vendors and local talent. Proceeds benefit Blue Lake Education Foundation.

Octoberfest: On October 29, it's a traditional German-style dinner at Rohner Park, Fortuna. German and local beer, beer barrel and stein races, polka dancing and "oompah" music to top off the bratwurst. Benefits Fortuna Senior Center.

November

Intertribal Gathering and Elders Dinner: The Redwood Acres Fairground welcomes all and celebrates elders. The event gives a glimpse into local Native cultures with traditional dance, art and music. Elders are served a free traditional salmon dinner at noon.

Mushroom Fair: The annual fun since 1978 is always on the Sunday before Thanksgiving at Redwood Acres Fairgrounds. Learn about all things fungi-rrific, get mushroom cookbooks and recipes, and bring in your found fungi for accurate identification.

December

Ferndale Tree Lighting and Linguica and Beans Dinner: On the first Saturday in December, join the residents of the Victorian Village in their annual tree lighting ceremony — it's the tallest living Christmas tree in America and a Ferndale tradition since 1934. Afterward, head over to the Portuguese Hall for a traditional meal of linguica and beans. A heartwarming, friendly, delicious evening with — what else — cookies for dessert.



Northern Humboldt



Alice's Steak & Sushi, Blue Lake Casino

777 Casino Way. Blue Lake. 668-9770.
www.bluelakecasino.com. American and
Japanese dining with a full bar. Daily. B, L,
D, \$-\$\$\$.

Beachcomber Cafe 363 Trinity St. Trinidad.

677-0106. find us on Facebook. Organic
coffee drinks, baked goods, soup and
sandwiches. MON-FRI 7 AM-4 PM, SAT-SUN
8 AM-4 PM. B, L, D, \$.

Beau Pre Golf Course 1777 Norton Road.

McKinleyville. 839-2342. Serving breakfast,
lunch and dinner. Daily 6 AM-8 PM. \$-\$\$.

Bergeron Winery 851 Edwards St. Trinidad.

677-5177. www.bergeronwinery.com, Sin-
gle-vineyard winery.

Big Foot Golf & Country Club 333 Big Foot

Ave. Willow Creek. (530) 629-2977. Restau-
rant and bar opening soon. \$\$\$.

Bigfoot Restaurant 19 Willow Way. Willow

Creek. (530) 629-3437. Steaks, seafood,
sandwiches, soups, salads, appetizers. Daily
8 AM-9 PM. B, L, D, \$-\$\$\$.

Burger Central 1693 Central Ave. McKin-

leyville. 584-7000. Burgers and fries. Daily
6 AM-9 PM. \$.

Burger King, McKinleyville 1645 Heartwood

Drive. McKinleyville. 839-9299. www.bk.com,
Fast food. Daily. B, L, D, \$.

Cabot Vineyards P.O. Box 36. Orleans.

(530) 469-3397. www.cabotvineyards.com.
Organically grown grapes on the Klamath
River. By appointment.

Carmela's, McKinleyville 1701 Central Ave.

McKinleyville. 839-2435. www.carmelas-
restaurants.com. Mexican specialties and a
full bar. Daily, 11 AM-9 PM. B, L, D, \$.

Central Sandwich 2011 Central Ave. McKin-

leyville. 839-8900. www.centralsandwich.
com. Hot and cold sandwiches and wraps
made to order. MON-SAT 10 AM-6 PM, SUN
11 AM-5 PM. V, L, D, \$.

Clam Beach Tavern 4611 Central Ave. McKin-

leyville. 839-0545. Bar.

Coates Vineyards 3255 Red Cap Road. Orle-

ans. (530) 627-3369. www.coatesvineyards.
com, Certified organic biodynamic winery.
Tours and tasting. By appointment.

D & L Lounge 1417 Glendale Drive. McKin-

leyville. Bar. 825-9160.

Listings continued on page 35 →

NEW OWNERS!



Fieldbrook Market & Eatery

BEER GARDEN!

Great Food
Local Beer & Cider
Live Music on Fridays
Take-out Available

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707.839.7580 | SixRiversBrewery.com

HUMBOLDT COUNTY, CA MAD RIVER BREWING

Tap Room and Beer Garden
101 Taylor Way, Blue Lake
(707) 668-4151



Multiple medal winner at the Great American Beer Festival! Our Extra Pale Ale is an ale of medium body with a floral hop character. ABV 5.6%



Malty, hoppy and robust. Our Double IPA is dry hopped for a fresh piney and citrus flavor and aroma. ABV 8.6%



Traditionally styled, our Porter has complex malt characteristics with a mild smokey flavor, balanced by a mild hop profile. ABV 6.5%



Our Extra Stout is a black opaque sweet Stout with a rich, creamy, roasted chocolate malt character and a mild hop compliment. ABV 6.5%



SILVER medal winner at the Great American Beer Festival! Our Red is a mahogany hue Ale with spicy aromatic hop character, balanced by a full-bodied caramel richness. ABV 6.5%



Our IPA is a light copper hued Ale that features a fresh whole hop floral character and crisp finish. ABV 7.0%



Light and easy drinking, our Session IPA is brewed for full malty flavor and mouth feel balanced by an abundance of hop character. ABV 4.8%



January:
Kick Start
Coffee Imperial Porter



March:
Humboldt Brownie
Double Brown Ale



May:
Humboldt Haze
Imperial Wheat IPA



November:
Brewer's Secret
Bourbon Barrel Vanilla Porter

HUMBOLDT COUNTY, CA MAD RIVER BREWING MENU

facebook.com/madriverbrewing



Hours:

Sunday - Thursday:

11:30am - 9pm

Friday & Saturday:

11:30am - 10pm

*Kitchen closes 1 hour before Tap Room
Wine and Cider Available

Hoppy Hour:
Monday - Friday
4pm - 6pm



Hand-Cut Potato Fries:

Simple - salt & pepper

Red - Southwest spices

White Garlic - fresh garlic, Parmesan & Swiss cheese

American - red fry, blue cheese crumbs & buffalo sauce

MRB Poutine - simple fry, beef gravy & cheddar curds

Starters:

Onion Rings - Fried Pickle Chips - Sweet Potato Fries

Tater Tots - Loaded Tots - Hummus Platter

Chicken Wings:

Sweet Chili Thai - Buffalo - Uniontown Porter BBQ

Soups & Salads:

House Salad - organic greens, carrots, beets, kidney beans, garbanzo beans, tomatoes, croutons

Chevre Salad - organic greens, candied walnuts, cranberries, chevre, carrots, cucumbers, tomatoes, croutons

Soup of the Day

Chili

MRB Burgers: served with a small side of simple fries or a small side salad

Build your own burger - start with a Humboldt Grassfed beef patty, grilled chicken breast or Garden Burger patty and built it up from there with your favorite burger fixin's

Country - onion rings, Swiss cheese, Uniontown Porter BBQ sauce, smoked bacon & Steelhead braised mushrooms

River Runner - two patties, Steelhead braised onions, cheddar cheese & 1,000 Island Dressing

House Specialties: served with a small side of simple fries or a small side salad

Mad River IPA Battered Fish & Chips - wild Pacific Cod, IPA beer batter, fries, slaw & tartar sauce

Chicken Strips & Chips - breaded fried chicken, simple fries, choice of dipping sauce

Grilled Thai Chicken Sandwich - marinated thighs (basil/cilantro/ginger), Thai chili mayo, lettuce and tomato with a side of slaw on a dutch crunch roll

Fried Chicken Sandwich - breaded fried chicken, sriracha sauce, smoked bacon and Pepper jack cheese on a dutch crunch roll

Buffalo Chicken Sandwich - breaded fried chicken tossed in buffalo sauce, Bleu cheese crumbles and drizzle of ranch on a dutch crunch roll

Uniontown Porter BBQ Pork Sandwich - dry rubbed & slow roasted pork, Uniontown Porter BBQ sauce and sweet pickled cabbage mix on a hoagie roll

Grilled Fish Sandwich - wild Pacific Cod, topped with lettuce and tartar sauce on a bun with a side of slaw

Patty Melt - Humboldt Grassfed beef, Steelhead braised onions, Swiss cheese on rye bread

Grilled Veggie Melt - chopped seasonal veggies, olives, artichoke hearts, choice of cheese on sourdough bread

B.L.T. - Smoked bacon, lettuce and tomato and mayo on sourdough

Stout Braised Bratwurst - sauerkraut & hot mustard on a bun

Kids at Heart: Hot Dog - Chicken Little Basket - Quesadilla - Grilled Cheese



Luzmila's Mexican Restaurant

Visit Luzmila's convenient McKinleyville location for great Mexican food. We proudly serve a diverse selection of appetizers, combination plates, house specialties (vegetarian entrees available) and desserts that appeal to everyone.

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LARGE PARTIES WELCOME
IMPORTED DRAFT AND DOMESTIC BEERS,
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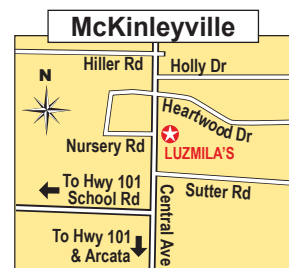
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11AM TO 9PM

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Denny's Restaurant, McKinleyville 1500 Anna Sparks Way. McKinleyville. 839-0467. www.dennys.com, American diner chain. 24 hours. B, L, D, \$\$.

Dogwood Estate Winery 3995 Campbell Ridge Road. Salyer. (530) 629-3750. www.dogwoodestatewinery.com, By appointment.

Early Bird 40640 State Route 299. Willow Creek. (530) 629-4431. find us on Facebook, Bigfoot burgers and take-and-bake pizzas. Also sells fishing and hunting supplies. Daily 11 AM-7:30 PM. L, D, \$.

Espresso and More 39063 State Route 299, Suite D. Willow Creek. (530) 629-4193. Flavored coffee, pastries, smoothies. MON-FRI 6:30 AM-6 PM, SAT 7 AM-6 PM, SUN 7 AM-5 PM. B, L, \$.

Fieldbrook Market & Eatery 4636 Fieldbrook Road. Fieldbrook. 633-6097. General store serving barbecue and burgers. Live music. SAT-THU 8 AM-8 PM, FRI 8 AM-10 PM. \$\$.

Fieldbrook Winery 4241 Fieldbrook Road. Fieldbrook. 839-4140. www.fieldbrookwinery.com, By appointment.

The Forks 38998 State Route 299. Willow Creek. 530-629-2679. Bar.

Gonzalez Mexican Restaurant Willow Creek 38971 State Route 299. Willow Creek. (530) 629-3151. Traditional Mexican dining. MON-FRI 11 AM-9 PM, SAT-SUN NOON-8 PM. L, D, \$.

Hawg Wild 10 Hufford Road. Orick. 488-2728. gethawgwild.com, Bar.

Humboldt Regeneration Brewery 2320 Central Ave. Unit F. McKinleyville. 738-8225. www.humboldtregeneration.com, WED-SUN 11 AM-7 PM.

Joe's Deli State Route 96 Downtown. Hoopa. (530) 625-4611. Sandwiches, salads, nachos, wraps. MON-FRI 7 AM-5 PM, SAT 8 AM-2 PM. Closed SUN. L, D, \$.

Larrupin Café 1658 Patricks Point Drive. Trinidad. 677-0230. www.larrupin.com, American fine dining. Best of Humboldt 2015 Winner of "Best Restaurant When Money is No Object." SUN-MON 5 PM-9 PM. D, \$\$\$.

The Lighthouse Grill 355 Main St. Trinidad. 677-0077. American dining and take-out with burgers, fried fish and ice cream. MON-SUN 11 AM-8 PM.

Listings continued on page 37 →

TRADITIONAL BREAKFASTS • SEAFOOD LUNCHES • DELICIOUS DINNERS • DELIGHTFUL DESSERTS

Try Our Famous Clam Chowder!



Summer Hours

Open Daily 7:00AM to 9:30PM

Winter Hours

Open Daily 7:00AM to 8:00PM

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(On the Pier in Trinidad)

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• A SAMPLING OF OUR MENU •

BREAKFAST

SERVED DAILY UNTIL 2PM

POPEYE OMELET • SMOKEY OMELET • HANGTOWN FRY
SCRAMBLED EGGS TOPPED WITH CLAM CHOWDER • HOT CAKES
WAFFLES • SMOKEHOUSE HAM AND EGGS

LUNCH

SERVED DAILY UNTIL 4PM

FISH & CHIPS • CHARBROILED COD SANDWICH • GRILLED SMOKEY
GRILLED CHEESE WITH CRAB • SHRIMP SALAD SANDWICH
COMBO FRY • BURGERS • SALADS

DINNER

ALL DINNERS INCLUDE CLAM CHOWDER, FRESH SOUP OR SALAD;
ALL THE SIDES AND PLENTY OF SEASCAPE GARLIC BREAD

HALIBUT • TRINIDAD ROCK COD • PETROLE SOLE • SALMON
CALAMARI • PRAWNS • BAY OYSTERS • TRINIDAD BAY PLATTER
BROCHETTE • PASTA • STEAKS • CHICKEN

HOMEMADE DESSERTS

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CHOCOLATE CHEESE PIE

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27 Scenic Dr, Trinidad, CA 95570

Sunset Restaurant

at Cher-Ae Heights Casino



The beautiful ambiance and exciting menu are sure to compliment your experience at **Cher-Ae Heights Casino.**

Chef Phibbs has developed a modern, casual dining menu elegantly and creatively prepared. Brilliant views of the Pacific shoreline complimented by fresh and innovative dishes served by an amazing staff. *You'll love the new Sunset Restaurant.*



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HOUSE SALAD • CAESAR SALAD
GRILLED ENDIVE SALAD • VEGAN TRIO SALAD
CHICKEN CASHEW SALAD
POACHED SALMON SALAD

APPETIZERS

BACON WRAPPED SCALLOPS
FIERY SCAMPI
DELICATESSEN BOARD
CRISPY PRAWNS
CALIFORNIA LOUIS ROLLS
ASIAN STEAK SKEWERS

PASTA

SEAFOOD FETTUCCHINE • SPICY PRAWN & SAUSAGE PENNE
FETTUCCHINE FLORENTINE • STUFFED CHICKEN PENNE

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Call 707-825-2770 to make your reservations.
www.cheraeheightscasino.com

Lily Pad Café, Blue Lake Casino 777 Casino Way. Blue Lake. 668-9770. www.bluelake-casino.com. Burgers, breakfast and snacks 24 hours. Daily, *closed WED 11AM-4PM for cleaning. B, L, D, \$.

Luzmila's, McKinleyville 1751 Central Ave. McKinleyville. 839-1624. *find us on Facebook*, Traditional Mexican dining. Daily 11AM-9PM. L, D, \$.

Mad River Brewing Company & Tap Room 101 Taylor Way. Blue Lake. 668-4151. www.madriverbrewing.com. Microbrews and American pub fare. SUN-THU 11:30AM-9PM, FRI-SAT 11:30AM-10PM. L, D, \$.

McDonald's McKinleyville 1500 Anna Sparks Way. McKinleyville. 839-8927. www.mcdonalds.com. Fast food. Daily. B, L, D, \$.

Moonstone Crossing Tasting Room 529 Trinity St. Trinidad. 845-5492. www.moonstonecrossing.com. Best of Humboldt 2015 Winner of "Best Winery." Summer tasting WED-SUN noon-6PM, winter tasting FRI 2-6PM, SUN noon-6PM. Also by appointment. Summer tasting: WED-SUN noon-6PM or by appt. THU open until 7PM. MON noon-6PM thru Sept. Winter tasting: WED 2PM-6PM. THU 4-7PM. FRI-SUN noon-6PM or by appointment.

Moonstone Crossing Winery 1000 Moonstone Cross Road. Trinidad. 677-3832. www.moonstonecrossing.com, winery.

Moonstone Grill 100 Moonstone Beach Road. Westhaven. 677-1616. www.moonstonegrill.com. New American cuisine with full bar and ocean view. WED-SUN 5-8:30PM. D, \$\$\$.

Murphy's Market Deli, Glendale 1451 Glendale Drive. Glendale. 822-2271. www.murphysmarkets.net/deli.php. Grocery and deli with hot and cold prepared food and sandwiches. Daily 6AM-7PM. V, B, L, D, \$-\$\$.

Murphy's Market Deli, Trinidad Main and View streets. Trinidad. 677-9473. www.murphysmarkets.net/deli.php. Deli with hot and cold prepared foods and sandwiches. Daily 7:30AM-8:30PM. V, B, L, D, \$-\$\$.

Niveen's Restaurant 2145 Central Ave. McKinleyville. 839-3417. American family dining with breakfast all day. Daily 7AM-8:30PM. B, L, D, \$.

North Coast Yogurt 1553 City Center Road. McKinleyville. 839-4299. Frozen yogurt, shakes, smoothies and floats. Daily noon-9PM.

Ocean Grove Cocktail Lounge 480 Patrick's Point Drive. Trinidad. 677-3543. pages.suddenlink.net/oceangrove. Bar. Open daily 10AM-2AM. \$.

Orleans Mining Co. 37756 State Route 96. Orleans. (530) 627-3213. Homemade onion rings, fries and hamburgers. Daily. B, L, D, \$.

P & J Billiards 39078 State Route 299. Willow Creek. (530) 629-3373. Bar.

Palm Café And Motel US Highway 101. Orick. 488-3387. Homemade food, specialty pies. Daily 6AM-8PM. B, L, D, \$.

Papa Murphy's Take 'N' Bake Pizza, McKinleyville 2015 Central Ave. McKinleyville. 839-8763. www.papamurphys.com. Take-and-bake pizza and desserts. SUN-THU 11AM-9PM, FRI-SAT 11AM-9:30PM. V, L, D, \$.

Playstation Diner, Blue Lake Casino 777 Casino Way. Blue Lake. 668-5777. www.bluelakecasino.com/dining/diner. '50s-style diner. Daily. B, L, D, \$.

Raging Creek Pub Eatery 38939 State Route 299. Willow Creek. (530) 629-1147. Burgers, sandwiches and beer. Daily 11:30-7PM. L, D, \$.

Ramone's Bakery & Café, McKinleyville 1555 City Center Road. McKinleyville. 839-3383. www.ramonesbakery.com. Coffee and espresso drinks, baked goods and specialty cakes. Best of Humboldt 2015 Winner of "Best Bakery." MON-FRI 7AM-6PM, SAT 8AM-5PM, SUN 8AM-4PM. B, L, \$.

Ray's Food Place Deli, Hoopa 12500 State Route 96. Hoopa. (530) 625-9207. www.gorays.com. Hot or cold traditional and vegetarian breakfast, lunch and dinner dishes. For home, office and picnics. Daily. B, L, D, \$.

Ray's Food Place Deli, McKinleyville 1500 Anna Sparks Way. McKinleyville. 839-4413. www.gorays.com. Hot and cold prepared foods and sandwiches. Daily. B, L, D, \$.

Ray's Food Place, Hoopa 12500 State Route 96. Hoopa. (530) 625-9207. www.gorays.com. Freshly prepared foods, cakes and party trays. Daily, 7AM-6:30PM. W, B, L, D.

Ray's Food Place, McKinleyville 1500 Anna Sparks Way. McKinleyville. 839-4413. www.gorays.com. Grocery with bakery, deli, and hot and cold prepared foods. Daily, 6AM-11PM. W, B, L, D,

Listings continued on page 39 →

Central Sandwich



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CentralSandwich.com



www.TrinidadLighthouseGrill.com

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BURGERS



Humboldt Grass-Fed Beef, Tofu Shop, and House-Made Nut Burger

SANDWICHES

BBQ Beef Brisket, Fried Chicken, Grilled Cheese, and Pulled Pork

FISH

Fish & Chips, Tuna Melt, and Grilled or Fried Fish Sandwich
(All burgers and sandwiches are made on our homemade buns or bread)

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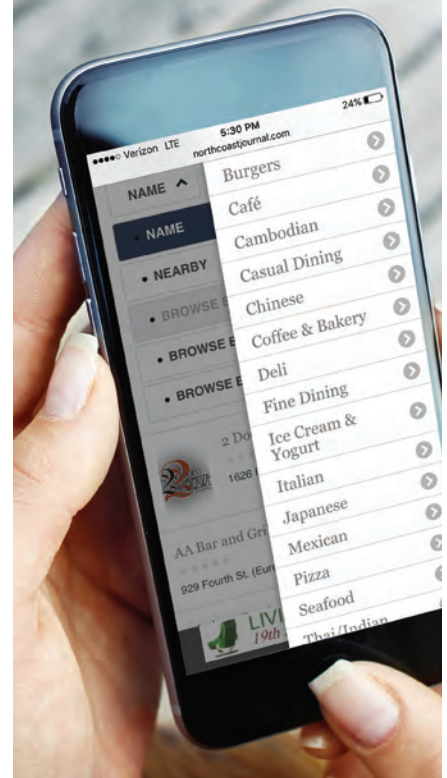
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Ray's Food Place, Willow Creek 38915 State Route 299. Willow Creek. (530) 629-2457. www.gorays.com. Full service grocery with bakery, deli and hot and cold prepared foods. Daily 7 AM-10 PM. W, B, L, D,

Restaurant 36 5427 State Route 36. Carlotta. 851-3501. California cuisine, seafood, steaks and fusion dishes. TUE-THU noon-9 PM. FRI-SAT noon-10 PM. SUN noon-9 PM. Closed MON. \$\$\$.

River Song Natural Foods 80 Country Club Drive. Willow Creek. (530) 629-3148. Find us on Facebook, Groceries and deli. Open daily. MON-SAT 9 AM-7 PM, SUN 10 AM-6 PM. V, B, L.

Rockslide Bar & Grill 5371 State Route 299. Hawkins Bar. (530) 629-3899. Bar. MON-SAT 2 PM-2 AM. \$.

Rocky's Ridge Vineyard 22522 State Route 299. Blue Lake. 601-0899. www.rockysridgevineyard.com. Wines available in Humboldt restaurants and retailers.

Round Table Pizza, McKinleyville 2023 Central Ave. McKinleyville. 839-4342. www.roundtablepizza.com. Pizza, salad bar and beer. SUN-THU 11 AM-10 PM, FRI-SAT 11 AM-11 PM. L, D, \$.

Safeway Deli, McKinleyville 1503 City Center Road. McKinleyville. 840-9770. www.safeway.com. Hot and cold prepared foods and sandwiches. Daily. L, D, \$.

Seascape Restaurant, Cher-Ae Heights Casino 1 Bay St. Trinidad. 677-3762. www.cheraeheightscasino.com/restaurants/seascaperestaurant.php. American diner with seafood specialties and an ocean view. Summer daily 7 AM-9 PM, winter daily 7 AM-8 PM. B, L, D, \$.

Six Rivers Brewery, Tasting Room & Restaurant 1300 Central Ave. McKinleyville. Restaurant 839-7580, Office 839-7588, www.sixriversbrewery.com, Microbrews and American pub fare. MON 4 PM-11:30 PM, TUE-WED 11:30 AM-11:30 PM, THU-SAT 11:30 AM-12:30 AM, SUN 11:30 AM-11:30 PM. V, Local ingredients, L, D, \$.

Smug's Pizza, McKinleyville 2720 Central Ave., Suite C. McKinleyville. 839-7684. www.smugspizza.com. Pizza by the slice or the pie. Take-out available. MON-SAT 11 AM-9 PM. L, D, \$.

Snack Shack 120777 Hwy 101. Orick. 488-

5305. Burgers, fries and hot dogs. Cash only. WED-MON. L, D, \$.

Stardough's Café 448 Railroad Ave. Blue Lake. 668-1973. find us on Facebook. Brick-oven pizzas, espresso drinks, burgers and sandwiches. Live music. MON-SAT 7 AM-7:30 PM. B, L, D, \$.

Subway, McKinleyville 1565 City Center Road. McKinleyville. 840-9811. www.subway.com. Made-to-order sandwich chain. Daily. B, L, D, \$.

Subway, Willow Creek State Route 299. Willow Creek. (530) 629-4142. www.subway.com. Made to order sandwiches, cookies and fountain beverages. Daily specials. Daily. B, L, D, \$.

Sun Valley Vineyards 655 Peach Tree Lane. Willow Creek. 215-280-0535. Small-batch estate wine producer.

Sunset Restaurant, Cher-Ae Heights Casino 27 Scenic Drive. Trinidad. 825-2760. www.cheraeheightscasino.com/restaurants/sunsetrestaurant.php. American dining with steaks, seafood and a full bar. Daily 4-10 PM. D, \$\$\$.

Sushi Spot McKinleyville 1552 City Center Road. McKinleyville. 839-1222. www.sushispotarcata.com. Sushi and Japanese dining. Best of Humboldt 2015 Winner of "Best Sushi." MON-SUN 4 PM-9 PM. V, D.

Taco Bell McKinleyville 1811 Central Ave. McKinleyville. 839-7734. www.tacobell.com. Mexican fast food. MON-FRI 7 AM-2 AM, SAT-SUN 7 AM-3 AM. L, D, \$.

Trinidad Bay Eatery and Gallery 607 Parker St. Trinidad. 677-3777. www.trinidadeatery.com. American dining with burgers, steaks and seafood. MON-FRI 8 AM-8:30 PM, SAT-SUN 7:30 AM-8:30 PM. B, L, D, \$.

Wave Lounge, Blue Lake Casino 777 Casino Way. Blue Lake. 668-9770. www.bluelake-casino.com/entertainment/wave. Lounge with pub food, full bar and live music. Daily. L, D, \$.

Willow Creek Pizza Factory 39032 State Route 299. Willow Creek. (530) 629-4800. willowcreek.pizzafactory.com. Pasta, salad bar, sandwiches and pizza. Daily 11 AM-9 PM. L, D, \$-\$. \$.

Winnett Vineyards 655 Peach Tree Lane. Willow Creek. (530) 629-3478. www.winnettvineyards.com.



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Arcata



Abruzzi 780 Seventh St. Arcata. 826-2345.
www.abruzziarcata.com. Fine Italian dining.
WED-SUN 5PM-9PM. D. \$\$\$\$.

Adriana's 850 Crescent Way. Arcata. 822-2780.
Traditional Mexican dining and take-out. Daily,
11AM-9PM, SUN noon-9PM. V, L, D. \$-\$\$.

The Alibi 744 Ninth St. Arcata. 822-3731. www.
thealibi.com. Cocktail bar with a full American
menu. Best of Humboldt 2015 Winner of
"Best Bloody Mary," "Best Fried Pickle" and
"Best Hangover Breakfast." Daily 8AM-2AM.
B, L, D. \$.

Alma's Mexican Food Giuntoli Lane & Valley
East Blvd. Arcata. 822-1200. Mexican food,
fast. Call-in, pre-order food to go. MON-FRI,
11AM-6PM, SAT 11AM-5PM, SUN 11AM-4PM.
L, D. \$.

Arcata Pizza and Deli 1057 H St. Arcata.
822-4650. www.arcatapizza.com. Winner of
2014's "Best French Fries." Burgers, pizza,
sandwiches and salads. MON-THU 11AM-11PM,
FRI-SAT 11AM-1AM, SUN noon-11PM. L, D. \$.

Arcata Scoop 1068 I St. Arcata. 825-7266.
www.facebook.com/thearcatascoop.
Homemade ice cream and cones. Best of
Humboldt 2015 Winner of "Best Sugar Fix."
WED-MON noon-10:30PM. Closed TUE. Local
ingredients, L, D. \$.

Arcata Theatre Lounge 1036 G St. Arcata.
822-1220. www.arcatatheatre.com. A 1938
Art Deco theater with a full bar and American
food. Varies by event. See website for
day-to-day details. V, W, D. \$\$.

Beachcomber Café 1602 Old Arcata Road.
Bayside. 822-4423. www.facebook.com/
beachcombercafe.bayside. Organic coffee
house serving baked goods, sandwiches and
soups. MON-FRI 7AM-4PM, SAT 8AM-4PM, SUN
closed. B, L. \$.

Beck's Bakery 100 Ericson Court, Suite 100C.
Arcata. 840-8004. Wholesale bread bakery.
V, Local ingredients.

Bencharong Thai House 600 F St., Suite
#9. Arcata. 825-0900. Serving popular Thai
dishes. Open daily 4PM-9PM. V, D.

Big Blue Café 846 G St. Arcata. 826-7578.
Classic American breakfasts and lunches.
SUN-THU 8AM-3PM, FRI-SAT 7AM-3PM. B, L. \$.

Bittersweet 828 I St. Arcata. 630-5100. www.
bittersweetarcata.com. A cider and pie
place featuring foods by Slice of Humboldt
Pie, The Local Beer Bar and the Local Cider
Bar. \$-\$\$.

Blondies Food and Drink 420 E. California
Ave. Arcata. 822-3453. www.blondies-

Listings continued on page 45 →



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STARTERS

Grilled Oysters

charred citrus **or** salsa verde **or** garlic butter

Raw Humboldt Bay Oysters

mignonette

Smoked Trout Mousse

pickled onion/citrus/
green bean/almonds

SALT Mixed Greens

sesame/cucumber/
watermelon radish/scallion

Caesar Salad

romaine/kale/parmesan

Point Reyes Blue

Cheese Salad

point reyes blue cheese/
walnuts/strawberries/
sherry vin

Clam Chowder

yukon gold/bacon/
Manila clams

SALT Cod Fritters

frisee Salad/
romesco sauce

Charred Octopus

Olives/sun dried tomato/
smoked paprika/lemon

Burrata

onion jam/basil oil/crostini

Manila Clams arugula/
italian sausage/sunchokes
add pasta

Tuna Tartare avocado/
tomato/tortilla

Shrimp Cocktail

house cocktail sauce

FISH

SALT Lobster Roll

tarragon/celery/fries

Grilled Fish Tacos

watermelon radish/
chili/cabbage/
pepitas

Fried Cod & Chips

house sauce/
hot sauce

SALT Fish Sandwich

fried fish/cabbage
slaw/brioche/fries

Curried Shrimp Noodle

curry/rice noodle/
peanuts/lime

Halibut in Brodo

fennel/salsa verde/
white beans

Seared Steelhead Trout

pea puree/
moroccan carrot
slaw/chickpeas

Herb Crusted

Petrale Sole

cauliflower puree/
artichoke/sherry
vinaigrette gastrique

"Surf and Turf"

grilled sturgeon/asian
pork belly/pickled
veggie/vegetable

Grilled Fish

seasonal vegetable/
lemon vinaigrette

FARM

Arborio Risotto

grilled radicchio/
mushroom/
asparagus/
mascarpone
add Shrimp
add Lobster

Maple Farms Duck

parsnip puree/
asparagus/farro/
dried cherry/
hoisin glaze

CharBroiled 8oz Grassfed Burger

white cheddar/
tarragon aioli/
tomato jam

Roasted Artichoke

curry/vegetable
farro/cauliflower
puree

"Cut" of the Day

inquire with server

SIDES

Broccolini

sambal/almonds

Snap Peas

pickled onion

SALT Fries

herbed aioli

Smashed Potatoes

Mac & Cheese

add Lobster



Gourmet
Veggie
Pizza



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ARCATA
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2015 Central Ave
839-8763

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foodanddrink.com. Bar serving sandwiches and pizza. MON-THU 10AM-10PM, FRI-SAT 10AM-midnight, SUN 10AM-8PM. B, L, D. \$.

Brio Breadworks 1309 11th St. Arcata. 822-0791. *www.briobaking.com*. Artisanal bakery. Daily 7AM-1PM. B, L.

Cafe Brio 791 G St. Arcata. 822-5922. *briobaking.com/cafe*. MON-TUE 7AM-5PM, WED-FRI 7AM-9PM, SAT 8AM-9PM, SUN 8AM-4PM. V, Local ingredients, B, L, D. \$\$.

Cafe Mokka and Finnish Country Spa 495 J St. Arcata. 822-2228. *www.cafemokkaarcata.com*. Cafe serving light meals and baked goods. SUN-THU. noon-11PM, FRI-SAT. noon-1AM. \$.

Cafe Phoenix 1360 G St. Arcata. 630-5021. A farm-to-table restaurant and juice bar. SUN 10AM-2PM. TUE-SAT 7AM-4PM. V, B, L. \$\$.

Carl's Jr., Arcata 4900 Valley West Blvd. Arcata. 822-9058. *www.carlsjr.com*. Fast food. MON-THU 6AM-10PM, FRI-SAT 6AM-midnight, SUN 6AM-11PM. B, L, D. \$.

Carmela's, Arcata 1288 G St. Arcata. 822-5200. *www.carmelasrestaurants.com*. Mexican dining. SUN-MON 11AM-9PM. L, D. \$\$.

Chan's 359 G St. Arcata. 822-3922. Chinese and American food. TUE-SUN L, D. \$\$.

Coffee Break Cafe 700 Bayside Road. Arcata. 825-6685. Organic coffee, teas and baked goods. MON-FRI 6AM-6PM, SAT-SUN 6AM-4PM.

Crush 1101 H St. Arcata. 825-0390. *www.crusharcata.com*. Wine, beer, small plates, panini, soups, salads and desserts. MON-THU 4PM-10PM, FRI-SAT 3PM-11PM, SUN 3PM-9PM. D. \$\$.

Dead Reckoning Tavern 815 J St. Arcata. 630-5008. Small batch craft beers, rotating kegs, bottles and snacks. SUN-MON 2PM-8PM, TUE-THU 2PM-10PM, FRI-SAT 2PM-11PM. \$-\$\$.

Don's Donuts Pizza and Deli 933 H St. Arcata. 822-6465. *Find us on Facebook*. Pizza, Asian subs, doughnuts and treats. Best of Humboldt 2015 Winner of "Best Doughnut." Daily. B, L, D. \$.

Dutchy's Pizza 1116 11th St. Arcata. 826-1032. *www.dutchyspizza.com*. Pizza shop. SUN-MON 11AM-10PM. L, D. \$.

Everett's Club 784 Ninth St. Arcata. Bar.

Fiesta Grill & Cantina 3525 Janes Road. Arcata. 822-4600. Traditional Mexican food. Closed sun. L, D. \$.

Folie Douce 1551 G St. Arcata. 822-1042. *www.foliedoucearcata.com*. Mediterranean-French cuisine, brick oven and an

extensive wine list. Daily. Local ingredients, D. \$\$\$\$.

Fourth Street Market Liquors & Deli 781 Samoa Blvd. Arcata. 822-1127. Deli, catering, wine and beer. Open 365 days a year. Daily.

Golden Harvest Café Arcata 1062 G St. Arcata. 822-8962. *www.goldenharvestcafe.com*. Country breakfast and lunch served all day. Winner for 2014's "Best Vegetarian" and "Best Breakfast." Daily. B, L. \$.

Harvest 835 J Street. Arcata. 822-9474. *www.harvestarcata.com*. Farm-to-fork dining. Dinner nightly 5PM-9PM. SUN brunch 10AM-2PM. Closed WED. V. \$\$\$\$.

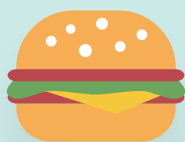
Hey Juan Burritos 1642 ½ G St. Arcata. 822-8433. *www.heyjuanburritos.com*. Casual Mexican food. Daily. L, D. \$.

Hole In The Wall, Arcata 590 G St. Arcata. 822-7407. Hot and cold sandwiches on homemade bread. Best of Humboldt 2015 Winner of "Best Sandwich." Daily 10AM-6PM. V, L, D. \$-\$\$.

Humboldt Brews 856 10th St. Arcata. 826-2739. *www.humboldtbrews.com*. Known locally as HumBrews, serving American pub food. Best of Humboldt 2015 Winner of

Listings continued on page 49 →

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Breakfast Wrap

Three eggs, your choice of meat and cheese. Add hash browns or country potatoes for 99¢
\$7.99

Breakfast Sandwich

Two eggs and your choice of meat, bread, and cheese
\$9.59

Two Egg Breakfast

Includes your choice of meat, toast, and hashbrowns or country potatoes
\$10.99

Buttermilk Pancakes

Two large pancakes made from scratch
\$7.99

French Toast

Three pieces topped with butter and powdered sugar
\$7.99

Fresh Squeezed
Orange Juice \$4

Three Egg Omelette

Ham, green peppers, grilled onions, American cheese and tomatoes. Or create your own.
\$8.99

Hungry Man

Two eggs, hashbrowns, sausage, and bacon with your choice of cheese on a homemade roll
\$10.99

Sides

Hash Browns or Country Potatoes - \$2.75
1 slice of French Toast - \$2.99
1 Egg - \$1.89
1 Pancake - \$4.25
Toast (2 slices) - \$2.25
2 slices of French Toast - \$5.99
Bacon, Pork, or Chicken Apple Sausage - \$3.50
Tofu - \$3.50
Salsa or Sour Cream - 50¢
Avocado - \$1.50

Mini Man

English muffin with bacon, sausage, hash browns, one egg, and your choice of cheese
\$6.49

Egg Muffin

One egg with your choice of meat and cheese.
\$5.75



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DINNERS

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taking reservations Fri-Sat until 10pm

LUNCH

Mon-Fri 11-2pm

spring

Appetizer salad of grilled asparagus, caramelized strawberries, and toasted almonds with baked chèvre over arugula dressed with a tarragon vinaigrette

Pacific halibut ceviche with grapefruit, snap peas, and cilantro served with avocado and house toasted nori chips

Herbed mascarpone stuffed morels and grilled spring onions over house made gnocchi tossed with a vegetable bordelaise sauce and midnight moon cheese

Roasted pear, blue cheese and walnut ice cream

summer

Wood oven fired pizza with lamb, snap peas, feta, and a minted yogurt sauce

Fresh pacific albacore with an heirloom tomato chili marmalade over creamed fresh corn

Filet mignon steak tips with roasted eggplant, tomatoes, peppers, and onions served with house garlic basil flatbread

Seared pork belly with nutmeg poached peaches, sautéed collard greens, and grilled lime cornbread

Strawberry basil ice cream

autumn

Wild mushroom, caramelized onion, and gruyere cheese tart in a cornmeal crust with a white truffle aioli served over sautéed sorrel

Duck confit stuffed poblano pepper rellenos topped with a tomatillo salsa served with masa cakes

Roast pork tenderloin roulade filled with huckleberries and shallots drenched in a wild mushroom burgundy sauce with roasted fingerling potatoes

Balsamic fig ice cream

winter

Fresh dungeness crab salad style pizza; crust cooked with mozzarella and parmesan, topped with lemon caper dressed arugula, fresh crab, parmesan, and grilled lemon

Local lamb loin chops with a wild mushroom jus, a rhubarb and green peppercorn jelly, roasted faro, and root vegetable

Golden and ruby beet fritters with a lemon crème fraîche served with a white bean and butternut salad and a poached duck egg nested in polenta

Triple chocolate sorbet with a ruby port sauce

Local favorites all year round

Grilled local arcata bay oysters

Savory artichoke heart and pancetta cheesecake

Wood oven fired pizza with salami, brie, and apricot jam

Roquefort fillet mignon in a brandy, green peppercorn and roquefort cheese sauce

White chocolate crème brûlée

House made pastas

Vegetarian and gluten free choices

1551 g street arcata, ca

707 822 1042 • foliedoucearcata.com

"Best Sports Bar." Pool table, WiFi, TV and live music. Daily. L, D. \$\$.

The Jam 915 H St. Arcata. 822-4766. www.jambalayaarcata.com. Pizza, American and Southern dining with live entertainment and a full bar. Daily. D. \$.

Japhy's Soup And Noodles 1563 G St. Arcata. 826-2594. www.japhys.com. Soups, salads, pastas and curry. MON-FRI. L, D. \$.

Jitter Bean Coffee, Arcata 900 G St. Arcata. 822-0671. www.jitterbeancoffee.com. Espresso drinks, baked goods and fruit drinks. Daily. \$.

Kebab Café 5000 Valley West Blvd #19. Arcata. 826-2121. www.facebook.com/KebabCafeRestaurant. Casual Greek, Turkish and American dining and take-out. MON-FRI 11AM-8PM, SAT noon-7PM, closed SUN. V, L, D. \$.

La Chiquita Taqueria Lunch Wagon #1 1059 10th St. Arcata. 599-7827. Mexican food truck. Closed SUN. B, L. \$.

La Chiquita Taqueria Lunch Wagon #2 79 Aldergrove Rd. Arcata. 599-7828. Quick Mexican food. MON-FRI. B, L, D. \$.

La Chiquita Taqueria Restaurant 1021 I St. Arcata. 826-0370. Quick Mexican food. Closed SUN. B, L. \$.

La Trattoria 30 Sunny Brae Center. Arcata. 822-6101. www.latrattoriaarcata.com. Traditional Italian dining. THU-SUN 5:30PM-9PM. Local ingredients, D. \$.

Libation Wine Bar & Store 761 Eighth St. Suite D. Arcata. 825-7596. www.libation.com. Wine, beer and sake retailer and bar with live music. Closed SUN.

Los Bagels, Arcata 1061 I St. Arcata. 822-3150. www.losbagels.com. Soups, salads, sandwiches, baked goods and organic fair-trade coffee. Daily. B, L. \$.

Los Bagels, HSU Depot 1 Harpst St. Arcata. 826-5308. www.losbagels.com. Soups, salads, baked goods and organic fair-trade coffee. Closed weekends & when HSU is not in session. V, Local ingredients, B, L. \$.

Masaki's Mongolian Grill 475 I Street. Arcata. 822-2241. www.facebook.com/masakis707. Salad-bar style Asian fusion cooked on a Mongolian grill. Closed SUN. L, D. \$.

Mazzotti's On The Plaza 773 Eighth St. Arcata. 822-1900. www.mazzottis.com. Italian dining, sandwiches and salads. Best of Humboldt 2015 Winner of "Best Italian." Daily. V, Local ingredients, L, D. \$.

McDonald's Arcata 4901 Valley West Blvd. Arcata. 822-0888. www.mcdonalds.com. Daily. B, L, D. \$.



STARS

HAMBURGERS

Lean ground chuck on our bun with lettuce, tomatoes, onions, catsup, mayo & mustard with pickles on the side.

Hamburger	4.85
Cheese Burger	5.35
Bacon Burger	5.85
Bacon Cheese	6.35
Guacamole, Bacon Cheese	6.85
Cajun Burger	5.05
Jalapeño Swiss	5.85
Grilled Onion	5.35
Bleu Cheese	5.85
Vegetarian (Garden Burger)	6.35
Vegetarian Ortega	6.60
Mushroom	5.50
Double Double	6.85
BBQ Burger	5.05
Ortega Burger	5.35
Chili Burger	6.60
Burger BASKET	6.35
Vege BASKET	7.25
Child's BASKET	4.60

(Burger or Fish 'N Chips)
BASKETS Come with Fries & Large Drink.
For any Burger or Sandwich in a BASKET add \$2.25. Add Cheese for 50¢

SIDES

French Fries...small	2.50	large	3.50
Fresh-Cut Onion Rings	3.75		
Chili Fries	5.75		
Garlic or Cajun Fries	add .25		
Bowl of Chili w/Cheddar & Onions	4.75		

BEVERAGES & SHAKES

Shakes made with Dreyers Ice Cream
Chocolate, Vanilla, Strawberry 4.50
Malts..... 4.75
Root Beer Float..... 3.25
Soft Drinks.....small .75 large 1.00
Assorted Fruit Juices..... 1.95
Coffee, Hot Tea.....1.75 Milk..1.50

HOT SANDWICHES

Grilled Chicken Breast in a Pita with lettuce, tomato, cheddar and mayo..... 5.75
Spicy Chicken Breast Sandwich
Tender chicken breast grilled with blended peppers & herbs, lettuce, tomato & mayo on our bun.
Also available without spice..... 5.50
Grilled Chicken Club
Tender chicken breast with lettuce, tomato, cheddar, bacon & mayo on our bun 6.50
Curry Chicken Sandwich
Grilled chicken breast, Swiss cheese, tomato, lettuce, delicious curry dressing on our bun 5.75
Sea Pocket
Lightly breaded cod filet with lettuce, tomato, & cheddar in a pita with tartar sauce ... 4.75
BLT on Sourdough 4.75
Fish 'N Chips BASKET 5.50

SALADS

Mixed Greens..... 3.95
Fresh Spinach Salad
with chopped bacon, egg, red bells & honey mustard dressing 5.95
Chicken Cobb Salad
Greens, chicken, avocado, chopped bacon, egg, tomato, & bleu cheese crumbles, tossed with a honey mustard dressing 7.75
Grilled Chicken Breast Salad
Chicken breast, greens, cucumbers, red bells, tomatoes & pita slices with honey mustard dressing 6.95
Spicy Chicken Salad 6.95
Chicken Curry Salad
Fresh spinach, red onions & diced red bell peppers, sprinkled lightly w/olive oil, & topped w/walnuts, chicken & our own delicious curry dressing on the side 6.95
Taco Salad
Fresh seasoned ground beef, shredded lettuce, tomatoes, cheese, guacamole & sour cream, all in a fresh-made tortilla crown with salsa on the side 6.95
with Grilled Chicken 7.95

STARS Burgers are made with only "Local Grassfed" Hormone-Free Beef
• Senior Citizens 10 % Discount (62 & over) •

-IN ARCATA-
826-1379
1535 G Street
Next to Folie Douce



-IN EUREKA-
445-2061
2009 Harrison Avenue
Across from General Hospital

BOTH LOCATIONS OPEN 7 DAYS

Listings continued on page 53 →



TOMO

JAPANESE RESTAURANT

Dinner

Served with miso soup, rice, sunomono with shrimp & fresh fruit

Tempura Dinner

Two jumbo prawns, white fish, salmon, yam, onion, broccoli, mushroom & bell pepper, dipped in a light batter & deep fried in corn oil

Vegetable Tempura Dinner

Yellow onion, broccoli, yam, bell pepper, mushroom & tofu deep fried in a light batter

Chicken Teriyaki Dinner

Very lean, tender chicken grilled and covered in teriyaki sauce, sweet or spicy

Sukiyaki Dinner

Chicken, fresh vegetables, tofu & yam noodles, simmered in sake & soy-sweetened sauce, in a hot pot

Vegetable Sukiyaki Dinner

Chicken Katsu Dinner

Tender chicken breast pressed in Japanese bread crumbs, deep fried & served with katsu sauce

Ling Cod Dinner

Fresh ling cod lightly sauteed and cooked in our sweet curry sauce, sweet or spicy

Spicy Grilled Prawns Dinner

Large prawns & green onions grilled and sauteed in a spicy teriyaki sauce

Grilled Salmon Dinner

Fresh salmon, sauteed in sake, soy & yellow onion

Tofu Teriyaki Dinner

Tofu cutlets simmered in a sweet teriyaki sauce

Niku Maki

New York Strip wrapped around portobello mushroom and asparagus; flame grilled and finished in our ginger teriyaki glaze

Specialties of the House

Medium-sized rolls, four pieces each

- #1 Raw albacore, smoked salmon, avocado & salmon skin
- #2 Tempura asparagus, avocado, smoked salmon & cucumber
- #3 Tempura salmon & avocado
- #4 Lemon cured salmon, spicy salmon skin, avocado & green onion
- #5 Avocado, cucumber & green onion
- #6 Red tuna, avocado, sesame seeds & tobiko. Inside-out, 6 pcs
- #7 Hamachi, avocado, green onion & tobiko. Inside-out, 6 pcs

Sashimi

Maguro

Bluefin Tuna

Hamachi

Yellowtail

Maguro/Hamachi

A portion of both

Shime-saba

Marinated mackerel

Chirashi Sushi

literally "scattered sushi." A large bowl of sushi rice topped with a variety of sashimi cuts; served with miso soup.

Butsugiri

Chunks of raw albacore with green onion, spices, sesame seed & tobiko

Chef's Choice

Assorted sashimi, comes with bowl of rice, miso soup & sunomono appetizer

Poke

Red tuna, avocado, green onion, sesame seed and spices



Appetizers and Side Orders

Sunomono

Cucumber salad with green onion, tobiko, sesame seeds & your choice of shrimp, octopus or lemon salmon

Tomo Salad

Green salad with tofu, bay shrimp, avocado, cucumber, tomato, carrots, green onion, steamed broccoli & sesame seeds

Isokaze Salad

Cucumber salad with bay shrimp, wakame, octopus & tobiko

Katsu Oyster Basket

Fresh Oysters pressed in Japanese bread crumbs & deep fried, served with ginger katsu sauce

Gyoza

Japanese potstickers, pork or vegetable

Tempura Side Order

Jumbo prawn, yam, broccoli, bell pepper, mushroom, onion & zucchini

Agedashi Tofu

Tempura tofu with tentsuyu ginger broth

Seaweed Salad

Eda-Mame

baby soybeans

Sauteed Vegetables

Tofu Teriyaki

Miso Soup or Rice

Vegetable Tempura

Tempura Yam

Tempura Calamari

Chicken Katsu Side Order

Grilled Calamari

Shumai (4) fried shrimp dumplings



At the Hotel Arcata • 708 9th Street • 707.822.1414 • tomoarcata.com





Futo-Maki (big roll)

Comes with 4 pieces

California Roll

Bay shrimp with avocado & cucumber

Spicy Roll

Avocado, green onion & Tabasco with cheese or tofu

Paula Roll

Raw albacore, tempura, green onion, cucumber, lemon slices, avocado and tobiko

Vegetable Roll

Tofu, almond butter, kampyo, sesame seeds & steamed vegetables

East West Roll

Brown rice, tofu, almond butter, steamed broccoli, steamed carrot & sesame seeds

Arcata Roll

Lettuce, cream cheese, carrots, tofu & ginger
(available with smoked albacore instead of tofu)

Soft Shell Crab Roll

Deep fried in tempura batter with avocado, green onion, tobiko, sesame seeds & spices

Hoso-Maki (small roll)

Comes with 6 pieces

Kappa

Cucumber & sesame seeds

Ume Tofu

Plum paste & tofu

Ume Q

Plum paste & cucumber

Smoked Albacore

With sesame & green onion

Raw Albacore

spicy if you like

Lemon Salmon

marinated in lemon

Salmon

delicately smoked

Negi Hama

Hamachi & green onion

Tekka

Maguro (red tuna)

Also featuring dinner combinations with sushi and a separate menu for lunch.

HAPI HOUR

\$2 off Bar Drinks

\$2 Pints

\$3 Wells

FULL BAR

4-5:30pm



Become a friend on Facebook!

Inside-out Rolls

With sesame seeds outside

Tiger Roll

Ebi, cilantro, cucumber, tobiko & spices with sweet chili sauce

Hot Tuna Roll

Maguro prepared salad style with house miso dressing, chili paste, tobiko, green onions and cucumber

Paradise Roll

Tempura prawn and cucumber on the inside with lemon-dipped hamachi, tobiko and shiso leaf on the outside



Tomo Dragon

Tempura prawns and avocado, topped with hot tuna salad, sesame seeds and drizzled with sweet ginger sauce

Tempura Roll

Tempura prawns & bell pepper with avocado & spices

Smoked Albacore

With avocado or cream cheese, green onion outside

Smoked Salmon

With avocado or cream cheese, green onion outside



Strawberry Dream

Tempura yam and almond butter rolled with soy wrap and topped with strawberries, sesame seeds and our sweet ginger teriyaki glaze

Spicy Salmon Skin

Cooked & spiced with shichimi & sesame, rolled with avocado or cream cheese, tobiko & green onion

Unagi

Barbecued eel with avocado or tamago (sweet egg)

Tempura Yam Roll

Tempura fried yam rolled with avocado & spices



LUNCH Mon-Sat 11:30am - 2pm • DINNER 7 Nights a Week, beginning at 5pm





ARCATA * HSU * EUREKA
ORGANIC BAGELS * OPEN 7 DAYS A WEEK

LOS BAGELS.COM

McIntosh Farm Country Store 1264 Giuntoli Lane. Arcata. 822-0487. www.mcintoshfarm.com. American food, country breakfasts, sandwiches, doughnuts and baked goods. Closed SUN. Local ingredients, B, L. \$-\$\$.

Murphy's Market Deli, Westwood 100 Westwood Center. Alliance Road. Arcata. 822-0411 ext 1. www.murphysmarkets.net/deli.php. Market with deli and prepared foods. Daily. V, B, L, D. \$-\$\$.

Murphy's Market Deli, Sunny Brae 785 Bayside Road. Sunny Brae. 822-7005. www.murphysmarkets.net. Market with deli and hot and cold prepared foods. MON-SAT 7 AM-8:30 PM, SUN 7 AM-8:30 PM. V, B, L, D. \$-\$\$.

Naan Of The Above 867 Seventh St. Arcata. 267-4832. www.naanoftheabove.com. Serves regional Indian dishes. TUE-SAT 11:30 AM-8 PM. L, D. \$.

North Coast Co-Op, Arcata 811 I St. Arcata. 826-5947. www.northcoastco-op.com. Best of Humboldt 2015 Winner of "Best Grocery Store." A member-owned grocery store with a bakery, deli and hot and cold prepared foods. Daily. V, Local ingredients, B, L, D. \$.

Northtown Coffee 1603 G St. Arcata. 633-6187. Organic coffee drinks and gluten-free baked goods. MON-FRI 7 AM-9 PM, SAT-SUN 8 AM-7 PM. V. \$.

Oliveira Winery 155 Center St. Arcata. 822-3023. By appointment.

Oriental Buffet 5000 Valley West Blvd. Arcata. 822-2286. www.goorientalbuffet.com. Chinese dining and buffet. MON-FRI 11 AM-9 PM, SAT-SUN 11:30 AM-9 PM. V, W, L, D. \$.

Papa Murphy's Take 'N' Bake Pizza, Arcata 686 F St. Arcata. 822-6220. www.papamurphys.com. Take-and-bake pizza and desserts. SUN-THU 11 AM-9 PM, FRI-SAT 11 AM-9:30 PM. V, L, D. \$.

Paul's Live From New York, Arcata 665 Samoa Blvd. Arcata. 822-6199. www.paulslivefromnewyorkpizza.com. Pizza, specialty pies, sandwiches and more. Best of Humboldt 2015 Winner of "Best Pizza." MON-THU 11:30 AM-9 PM, FRI-SAT 11:30 AM-10 PM, SUN noon-9 PM. \$-\$\$.

Pepe's Mexican Food 724 G Street. Arcata. 362-4672. Family run authentic Mexican food. Next to Spotlight Video. SUN-THU 11 AM-11 PM, FRI-SAT 11 AM-2 AM. B, L, D. \$.

Philly Cheese Steak Shoppe, Arcata 1811 G St. Arcata. 825-7400. www.phillycheesesteakshoppe.com. Cheese steaks, salads and garlic fries. SUN-MON 11 AM-9 PM. L, D. \$.

Listings continued on page 58 →

Fiesta Grill Cantina

Homemade Tortillas
Fish Tacos • Ceviche Prawn Fajitas
Posole • Menudo
Chicken Mole • Carne Asada
Chile Colorado

ORDERS TO GO!

822-4600

Mon.-Wed. 11 am-9 pm

Thurs.-Sat. 11 am-10 pm • Closed Sunday

3525 Janes Rd., Arcata

Next to Quality Inn

From Valley West,

cross Giuntoli Lane highway overpass

HAPPY HOUR 3-6pm



Panini & Small Plates Menu plus:

20 Wines by the glass

Beer, Cider & Kombucha on tap

Espresso & Wifi

Weekly Events & Live Music



11th & H, Arcata

Menu & Events at Crusharcata.com





Seasonally inspired dining

Dinner at 5:00

Sunday Brunch at 10:00

Closed Tuesdays & Wednesdays



Patio is now open!

Reservations are recommended:

707.822.9474

835 J Street, Arcata

harvestarcata.com

mon

On the go.



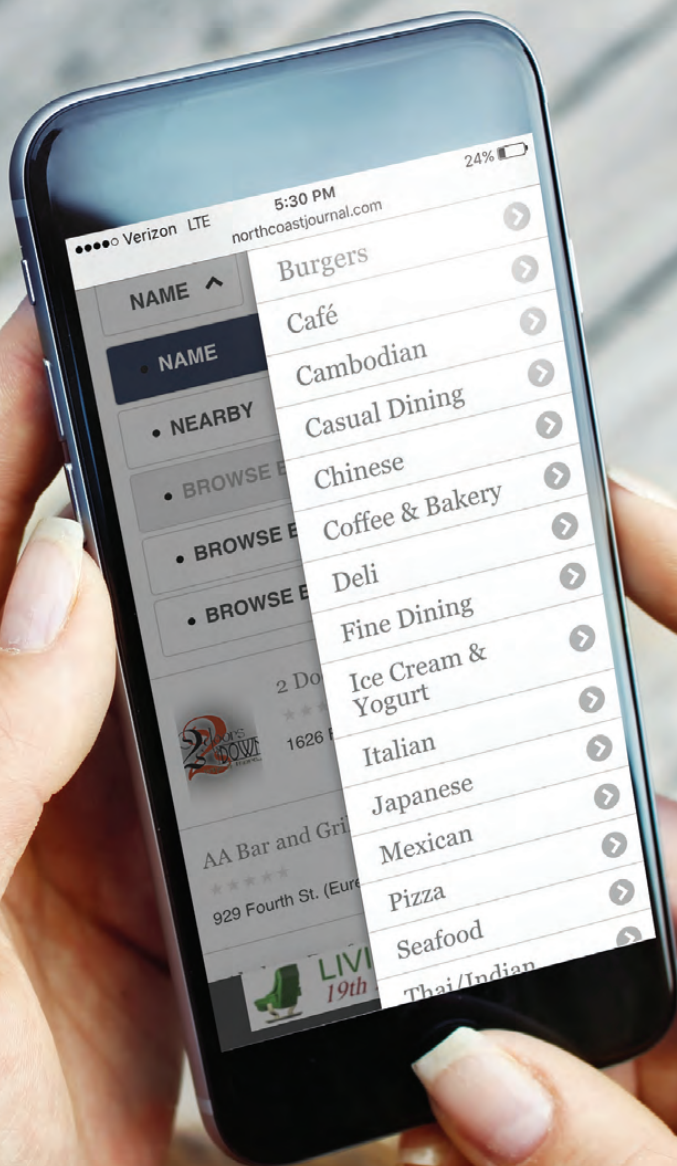
DINING A-Z

400+ restaurants.

Search by cuisine,
region and price.

Browse descriptions,
photos and menus.

northcoastjournal.com



Pho Hoàng

Vietnamese Restaurant

Tuesday-Sunday 11:30 a.m. - 8:45 p.m. • Closed Monday



Vegetarian Curry



Coconut Shrimp



Red Curry



Crispy Chicken Wings



Vegetarian Noodle Soup



Bbq Beef, Prawn and Egg Roll

Appetizers: Crispy Egg rolls - Prawn, Chicken, BBQ Pork, BBQ Beef or Combo, Spring Rolls, Hot or Crispy Chicken Wings, Crispy Crepe, Grilled Chicken on Skewer

Salads: Green Papaya, Mango or Cabbage Chicken

Chicken Soups: Rice, Clear Or Vermicelli Noodles

Curry: Yellow, Green or Red with Choice of Meat or Prawn

Beef Noodle Soup: Various Beef Cuts or Special Spicy Lemongrass Beef

Seafood Noodle Soups: With Egg or Rice Noodle, Wonton, Special Hot and Sour Salmon, Special Hot and Sour Seafood

Rice Plates: With Grilled Prawns, BBQ Pork, BBQ Beef, Lemongrass Chicken or Salmon, Crispy Egg Roll

Vermicelli Noodles: With Prawns, BBQ Pork, BBQ Beef, Lemongrass Chicken, Crispy Egg Roll or Pork Patties

Pan Stir Fry: Egg, Flat or Clear Noodle or Steamed Rice or Fried Rice with Mixed Vegetables, Pad Thai, Pineapple Fried Rice. Choice of Beef, Chicken, Pork, Prawn or Seafood

Children's menu • Full vegetarian entrees • Beer and wine



Spicy Lemongrass Beef Noodle Soup

*The Finest
Vietnamese Cuisine!*

1390 G St., Arcata

707.822.2227

phohoangarcata.com

Pho Hoang 1390 G St. Arcata. 822-2227. www.phoahanghumboldt.com. Vietnamese dining and take-out. TUE-SUN 11:30AM-8:45PM. Closed MON. V, L, D. \$\$.

Plaza Grill 780 Seventh St., Third Floor. Arcata. 826-0860. www.plazagrillarcata.com. New American dining with extensive wines. Best of Humboldt 2015 "Best Happy Hour." Winner of MON 4PM-9:30PM, TUE-THU 11AM-9:30PM, FRI 11AM-10PM, SAT 11AM-10PM, SUN 5PM-10PM. D. \$\$.

Ramone's Bakery & Café, Wildberries 747 13th St. Arcata. 826-1088. www.ramonesbakery.com. Espresso drinks and baked goods. Located inside Wildberries. Best of Humboldt 2015 Winner of "Best Bakery." Daily 6AM-9PM. B, L, D. \$.

Ray's Food Place Deli, Arcata 5000 Valley West Blvd. Arcata. 822-0188. www.gorays.com. Full-service grocery with bakery and deli. Daily. B, L, D. \$.

Redwood Curtain Brewery & Tasting Room 550 South G St., #4. Arcata. 826-RCBC (7222). www.redwoodcurtainbrewing.com. Craft brewery with food trucks on site most days. Daily. L, D. \$.

Redwood Yogurt 1573 G St. Arcata. 826-7677.

www.facebook.com/redwoodyogurt. Frozen yogurt and espresso drinks. Gluten-free waffle cones available. Closed SUN. L, D. \$.

Renata's Crêperie 1030 G St. Arcata. 825-8783. www.facebook.com/RenatasCreperie. Best of Humboldt 2015 Winner of "Best Breakfast." Closed MON, TUE-SUN 8AM-3PM. FRI-SAT 5PM-9PM. V, Local ingredients, B, L, D. \$.

Richards' Goat Tavern & Tea Room and Miniplex 401 I St. Arcata. 630-5000. www.richardsgoat.com. House-infused cocktails, craft beers, local wines, teas and pastries. Local ingredients. \$-\$\$.

Rico's Tacos Taqueria 686 F St. Arcata. 826-2572. Traditional Mexican fare. Closed SUN, MON-FRI 11AM-9PM. L, D. \$.

Rita's Margaritas & Mexican Grill, Arcata 855 Eighth St. Suite 3. Arcata. Restaurant: 822-1010. Catering: 601-7749. www.ritascafe.com. Best of Humboldt 2015 Winner of "Best Mexican Restaurant." Daily, 11AM-9PM. V, L, D. \$.

Rita's Mexican Market 815 J St. Arcata. 825-8827. www.ritascafe.com. Rita's line of vegetarian, vegan and traditional Mexican food pre-wrapped to go. Daily, 9AM-9PM. L, D. \$.

Roman's Kitchen 681 I St. Arcata. 407-9750. Grassfed burgers and sandwich truck. MON-FRI 10:30AM-8PM. SAT 11:30AM-8PM. SUN Closed. \$-\$\$.

Round Table Pizza, Arcata 5000 Valley West Blvd. Arcata. 822-5158. www.roundtablepizza.com. Pizza, salad bar and beer. Daily. L, D. \$.

Safeway Deli, Arcata 600 F St. Arcata. 822-5217. Deli with hot and cold prepared foods. Daily. B, L, D. \$.

Salt Fish House 761 Eighth St. Arcata. 630-5300. www.saltfishhouse.com. Local seafood, classics and hand-crafted cocktails. TUE-SUN 4PM-10PM. \$\$\$.

Simmer Down Caribbean Café 737 G St. Arcata. 702-1050. www.facebook.com/simmerdowncaribbeancafe. Jamaican food truck \$-\$\$.

Sistah's Vegan 100 Ericson Way. Suite 160. Arcata. 825-1209. Vegan dining and take-out. MON-FRI 9AM-6PM. V. \$.

Smug's Pizza, Arcata 1034 G St. Arcata. 822-1927. www.smugspizza.com. Pizza by the slice or pie and homemade cookies. Best of Humboldt 2015 Winner of "Best Eatery on a Budget." Closed SUN, MON-SAT 11AM-9PM. L, D. \$.

Stars Hamburgers, Arcata 1535 G St. Arcata. 826-1379. Find us on Facebook. Best of Humboldt 2015 Winner of "Best Fries." MON-THU 11AM-8PM, FRI 11AM-9PM, SAT 11AM-8PM, SUN NOON-6PM. L, D. \$.

Subway, Arcata 1731 G St. Arcata. 822-0155. www.subway.com. Made-to-order sandwiches, cookies and fountain beverages. Daily. B, L, D. \$.

Subway, Valley West 5000 Valley West Blvd. Arcata. 825-1135. www.subway.com. Made-to-order sandwiches, cookies and fountain beverages. MON-THU 7AM-9PM, FRI-SAT 7AM-10PM, SUN 8AM-9PM. B, L, D. \$.

Sushi Spot Arcata 670 Ninth St. Arcata. 822-1221. www.sushispotarcata.com. Sushi and Japanese dining with imported beer and sake. Best of Humboldt 2015 Winner of "Best Sushi." MON-SAT 11:30AM-9PM, SUN 4PM-9PM. V, L, D. \$.

Sushi Tao 768 18th St. Arcata. 826-1988. Sushi and Japanese dining with beer and sake. WED-MON NOON-9PM, FRI-SAT NOON-9:30PM. L, D. \$.

T's Cafe North 860 10th St. Arcata. 826-2133. Breakfast, sandwiches, soups and salads with local, organic ingredients. Closed WED. B, L,



NORTHTOWN EATS

Scramble \$9
Organic Soup \$5
Heart and Soul Salad \$5/\$7
Hummus Wrap \$8
Veggie Burger \$7
Grilled Cheese \$6
Organic Veggie Sandwich \$7
Ham or Turkey & Cheese \$8
Turkey and Ham Club \$10
Hummus Plate \$6

Quiche \$6
Egg & Cheese \$5
Breakfast Burrito \$8
BLT \$7
Breakfast Tacos \$7
Yogurt Cup \$5
Bagel & Cream Cheese \$3.5

1603 G St., Northtown Arcata

SERVING THE FINEST COFFEE TEA & TREATS

Listings continued on page 62 →



VOTED 2013, 2014 & 2015
BEST RESTAURANT
FOR A VEGETARIAN
BY NCJ READERS!

ORGANIC

Breakfast & Lunch 9am - 3pm

7 Days A Week

Dinner 5:30 - 9:30pm • Thurs-Sun



BREAKFAST

- Fresh-squeezed Juices
- Smoothies and Shakes
- Kinetic Koffee
- Tea and Espresso
- Omelets and Scrambles
- Vegan French Toast
- Vegan Gravy
- Specialty Items
- Yerba Mate

LUNCH

- Veggie burgers
- Falafel
- Tempeh Tacos
- Tempeh Reuben
- Organic Salad
- Vegan Mac n' Cheese



DINNER

- Nightly Specials
- Many Vegan and
- Gluten-free options
- Dishes from around the world
- Soul Warming Soups



VEGAN BAKED GOODS

FEATURING A SELECTION OF
BIODYNAMIC WINES &
LOCAL BEERS



LOCATED ACROSS THE WAY FROM HSU • 1604 'G' STREET, ARCATA • (707) 822-0360

Sushi Tao



"The most reasonable dining option in Arcata for sushi...top of the line."

768 18th St. · between G & H, Northtown Arcata

707-826-1988

Wed.-Mon. 12-9pm ▶ Fri. 12-9:30pm
Closed Tues.



Select Menu Items

Golden California Roll <i>Tempura-fried California Roll</i>	\$7.50	Eel Crunch Roll (6 pieces) <i>Two tempura prawns, imitation crab, avocado, sriracha topped with eel, eel sauce, and tempura crunchies</i>	\$9.95
Firecracker <i>Spicy Tuna maki roll tempura-fried with house special sauce</i>	\$9.50	Lion King Roll <i>Tempura eel, imitation crab, tobiko, sriracha topped with salmon, two sauces, torched, with green onions</i>	\$9.95
Redwood Roll <i>Tuna outside with avocado, cucumber tobiko inside</i>	\$9.95	Fire Dragon Roll <i>Tempura prawns, spicy tuna, jalapeno, cream chesse topped with albacore, mango sauce & eel sauce</i>	\$10.50
Rainbow Roll <i>California Roll wrapped with tuna, shrimp, salmon, hamachi, albacore, avocado</i>	\$9.95	Pink Lady Roll <i>Salmon & cucumber topped with spicy tuna, spicy oil, eel sauce and sesame seeds</i>	\$9.75
49er Roll <i>California Roll with salmon & lemon on top</i>	\$9.95	3 Fairy Tales <i>Tempura Yam, Asparagus & Prawn w/White Sauce</i>	\$9.95
Golden Dragon Roll <i>Tempura prawn inside, topped with salmon & lemon</i>	\$10.95	Double Eel <i>Unagi two ways. Tempura Fried with Asparagus. Grilled on Top</i>	\$9.95
Cherry Blossom Roll <i>Spicy tuna & avocado inside, topped with fresh tuna</i>	\$10.95	The Lumberjack <i>Smoked Salmon, Tempura Asparagus & Raw Salmon</i>	\$9.95
House Special Roll <i>Tuna, salmon, hamachi, avocado in a roll tempura-fried with house special sauce</i>	\$10.95		
Caterpillar Roll <i>Rock "N" Roll wrapped with avocado with eel sauce</i>	\$10.75		
Arcata Roll <i>Tempura yam, inari, cucumber, avocado, carrot with mango sauce</i>	\$8.95		
Dynamite Roll <i>California roll topped with salmon, house special sauce, torched, with green onions and tobiko</i>	\$9.95		
Jalapeño Roll <i>Spicy peppers, spicy oil, and choice of salmon, tuna, or Hamachi topped with mango sauce and sesame seeds</i>	\$7.95		

Sushi Tao



sushi-tao.biz



BREAKFAST

PANCAKES & MORE

Banana Stuffed French Toast

French toast pieces filled with T's special banana sauce, topped with fresh bananas and berries.

Stuffed French Toast

French toast pieces filled w/ham, scrambled eggs, and swiss cheese. Served with home fries, hash browns, grits, cottage cheese or fruit.

POTATO SKILLET'S

Potato Supreme

Home fries with tomatoes, green onions, mushrooms, broccoli, bell peppers, seasonal greens, squash, and melted jack cheese, topped with 2 eggs any style.

Mexican Skillet

Home fries with chorizo (soy or pork), homemade salsa, jalapeños, and cheddar cheese, topped with 2 eggs any style.

Ranch Skillet

Home fries with bacon, tomato, green onions and pepper jack cheese, topped with 2 eggs any style.

California Skillet

Home fries with roasted turkey, avocado, green onions, mushrooms, and jack cheese, topped with 2 eggs any style and hollandaise sauce.

Homemade Corned Beef Hash Skillet

Home fries with green onions and jack cheese, topped with our famous homemade corned beef hash and 2 poached eggs.

Roasted Veggie Skillet

Home fries with seasonal roasted veggies, seasonal greens, green onions, and jack cheese, topped with 2 eggs any style.

SCRAMBLERS

Ranch

Choice of ham, bacon, sausage patty, or turkey breast with jack and cheddar cheeses.

Garden

Broccoli, tomatoes, spinach, bell peppers, mushrooms, squash, green onions and jack cheese.

Greek

Spinach, feta cheese, red onions, tomatoes, and Kalamata olives.

Green

Roasted seasonal veggies, pesto and jack cheese.

Seamist

Local smoked salmon, red onions, tomatoes, dill and whipped cream cheese.

We use local and organic products as often as possible – ask your server what's in season!

T'S BENEDICTS

All with Hollandaise Sauce

Good Old Bennie

Smoked ham, poached eggs on a split English muffin.

Popeye

Spinach, poached eggs on a split English muffin.

Turf Club

Bacon, spinach, grilled tomatoes, poached eggs on a split English muffin.

Solana Sunrise

T's roasted turkey, tomatoes, avocado, poached eggs with alfalfa sprouts on a split English muffin.

Surfside Crab Cakes

Poached eggs, on a split English muffin.

Corned Beef Hash Florentine

T's homemade corned beef hash and seasonal greens on a split English muffin topped with poached eggs.

Salmon

Local smoked salmon on a split English muffin topped with two poached eggs & capers.

Shroomy Boomy

Roasted seasonal veggies, mushrooms, seasonal greens, and chevre on a split English muffin topped with two poached eggs.

NOT-SO-BENEDICTS

No Hollandaise Sauce

T's Special

A split English muffin topped with 2 eggs any style, Swiss cheese, and choice of bacon, sausage patty, ham, or tofu sausage.

T's Country Bennie

A split homemade biscuit topped with homemade sausage patties, 2 eggs any style and T's gravy on top.

Bacavo Bennie

Bacon, guacamole, on a split English muffin with poached eggs. Topped with homemade salsa.

GAIN' SOUTH

Huevos Rancheros

2 eggs any style on a corn tortilla topped w/ homemade Ranchero sauce and melted cheddar cheese. Served with homemade black beans, rice, guacamole & choice of flour or corn tortillas.

Chorizo Killer

Scrambled eggs with chorizo, jalapenos, cheddar cheese, corn tortillas and salsa. Served with black beans, corn or flour tortillas.

Breakfast Quesadilla

Scrambled eggs with chorizo, bacon, green onions, jack and cheddar cheeses. Served with guacamole and salsa.

Breakfast Burrito

Scrambled eggs with choice of meat, potatoes, salsa, and cheese, wrapped in a flour tortilla. Served with choice of black beans or fruit.

T'S OMELETS

Veggie

Mushrooms, tomatoes, green onions, broccoli, spinach, squash, bell peppers, and jack cheese.

Bacavo

Bacon, guacamole and cheddar cheese.

California

T's oven roasted turkey breast, avocado, broccoli, mushrooms, and jack cheese. Topped with hollandaise sauce and alfalfa sprouts.

Solana

Bacon, spinach, mushrooms, green onions and Swiss cheese.

Lumberjack

Smoked ham, sausage, bacon and cheddar cheese.

Denver

Smoked ham, bell peppers, onions and cheddar cheese.

Torch

Chorizo (pork or soy), green onions, salsa, house pickled jalapeños, cheddar cheese, and sour cream.

Cobb

Bacon, T's oven roasted turkey, tomatoes, avocado and Gorgonzola.

Klamath

Local smoked salmon, tomatoes, green onions, and cream cheese.

I Street

Egg whites, roasted veggies, and feta, with avocado on top.

BAGELS & MORE

Bagel Breakfast

Grilled bagel topped with grilled red onions, tomatoes, melted Swiss cheese and choice of ham, bacon, sausage, turkey breasts or garden burger and 2 eggs any style. Served with home fries, hash browns, grits, cottage cheese, or fruit.

Trinidad Bagel

Cream cheese, local smoked salmon or albacore, tomatoes, red onions, and capers. Served with a Cup of Fruit.

LUNCH

SANDWICHES

Vegetarian Delight

Avocado, sprouts, cucumbers, tomatoes, onions, carrots, spinach, and cream cheese or hummus, served in a wrap.

Turkey Delight

House roasted turkey, lettuce, tomatoes, onions, Swiss cheese and mayo on your choice of bread.

Tuna

Homemade smoked albacore tuna salad, mayo, lettuce, tomatoes and onions on choice of bread.

BLT

Crisp bacon, lettuce and tomatoes and mayo served on your choice of toasted bread.

We do private events!
Ask us how you can
reserve T's for your
special occasion.

BURGERS & MORE

Any Charbroiled Burger

Choice of chicken, Humboldt Grassfed beef, or veggie burger.

Chicken Caliente

Charbroiled chicken topped w/sauteed mushrooms, guacamole, jalapenos and bubbling pepper jack cheese.

French Dip

House roasted roast beef on a bun w/ au jus and caramelized onions. Horseradish sauce served upon request.

Veggie Burger Melt

Grilled veggie burger w/jack cheese, avocado, grilled tomatoes, sprouts and onions on choice of grilled bread.

Patty Melt

Charbroiled beef burger, w/ Swiss cheese, grilled tomatoes and caramelized onions on grilled Rye.

Tuna Melt

Local smoked Albacore tuna salad and Swiss cheese on choice of grilled bread.

California Melt

Turkey breast, tomatoes, mushrooms, avocado, red onions, sprouts and melted pepper jack cheese on choice of grilled bread.

Reuben

Homemade corned beef on grilled rye bread with melted Swiss cheese, house-made sauerkraut, and Thousand Island dressing.

Sasquatch

Roast beef, bell peppers, grilled onions, and jack cheese on choice of grilled bread.

Veggie Pesto Melt

Roasted veggies with pesto and melted jack cheese on choice of grilled bread.

GREENS

Garden Salad

Organic mixed greens with carrots, red cabbage, cucumbers, tomatoes, and onions.

Farmers' Salad

Organic mixed greens topped with seasonal vegetables & local chevre and house balsamic.

T's Cobb Salad

Organic mixed greens with house roasted turkey, avocado, tomatoes, poached egg, bacon bits and Gorgonzola cheese and house blue cheese dressing.

Solana Salad

Organic mixed greens tossed with roasted turkey, bacon, diced tomatoes, Gorgonzola cheese, avocado, green onions, walnuts, raisins and house balsamic vinaigrette.



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Taco Faktory 1305 10th Street (cross street L). Arcata. 616-1710. Fusion and traditional taco truck. TBA. L. \$.

Taqueria La Barca 5201 Carlson Park Drive. Suite #4. Arcata. 822-6669. www.facebook.com/taquerialabarca. Mexican dining. MON-FRI. W, L, D. \$.

Toby and Jacks 764 Ninth St. Arcata. 822-4198. Bar.

Tomo Japanese Restaurant 708 Ninth St. Arcata. 822-1414. www.tomoarcata.com. Sushi and Japanese dining and take-out with beer, wine and sake. Daily. V, L, D. \$-\$\$\$.

Toni's 24-Hour Restaurant 1901 Heindon Road. Arcata. 822-0091. www.tonisrestaurant.com. American diner fare and baked goods. Cash only, ATM on site. Best of Humboldt 2015 Winner of "Best Onion Rings," "Best Milkshake" and "Best Late-Night Food." Daily. B, L, D. \$.

Ultimate Yogurt, Arcata 900 G St. Arcata. 822-9646. Find us on Facebook. Self-serve frozen yogurt with toppings bar and smoothies. Also serving Belgian waffles. Daily. L, D. \$.

V&N Burger Bar 460 I St. Arcata. 822-4997. Casual breakfast, burgers and sandwiches. MON-FRI. B, L. \$.

Valley Azteca Restaurant 5000 Valley West Blvd. Arcata. 826-0723. Mexican dining. Daily. B, L, D. \$.

Village Pantry, Arcata 5000 Valley West Blvd. Arcata. 822-6141. American diner fare with breakfast all day. Daily. B, L, D. \$.

Violet Green Winery P.O. Box 165. Bayside. 445-8679. www.violetgreenwinery.com. 550 case wine production.

Westside Pizza 600 F St. Arcata. 822-9990. www.westsidepizza.com. Pizza, pastas and salads. Dine-in, take-out or delivery. Daily. V, L, D. \$-\$\$\$.

Wildflower Café and Bakery 1604 G St. Arcata. 822-0360. www.wildflowercafearcata.com. Best of Humboldt 2015 Winner of "Best Vegan." Daily. V, Local ingredients, B, L, D. \$.

Wildplatter Café, Wildberries Market-place 747 13th St. Arcata. 822-5211. www.wildberries.com. Deli, juice bar and hot and cold prepared foods. Best of Humboldt 2015 Winner of "Best Juice Bar." Daily. V, Local ingredients, B, L, D. \$.

Wrangletown Cider Company 1350 Ninth Street. Arcata. 508-5175. www.wrangle-towncidercompany.com. FRI 3PM-9PM, SAT 2PM-9PM.



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2 Doors Down 1626 F St. Eureka. 268-8989.
www.2doorsdownwinebar.com. Wine bar
serving appetizers, wood-fired pizzas and
desserts. SUN-MON 4:30-9:30PM. WED-THU
4:30-9:30PM. FRI-SAT 4:30-10:30PM. Closed
TUE. D. \$\$.

AA Bar & Grill 929 Fourth St. Eureka. 443-1632.
Steak, burgers and brunch on weekends.
Best of Humboldt 2015 Winner of "Best
Steak." Daily. L, D. \$.

Adel's Restaurant 1724 Broadway. Eureka.
445-9777. www.adels-restaurant.com. Casual,
family-style American diner. Daily. B, L, D. \$.

Amigas Burritos 317 Fifth. Eureka. 443-3373.
Traditional Mexican fare and espresso. Daily.
B, L, D. \$.

Angelo's Pizza Parlor 215 W. Seventh St. Eu-
reka. 444-9644. Pizza, calzones, sandwiches
and salads. Delivery available. Daily 11AM-
10PM. L, D. \$.

Annie's Cambodian Cuisine 1917 Fifth St.
Eureka. 442-1556. www.facebook.com/An-
nies-Cambodian-Cuisine. Southeast Asian
dining and take-out. MON-THU 11AM-3PM &
5-8:30PM, FRI-SAT 11AM-3PM & 5-9PM. V, L,
D. \$.

Applebee's 2846 Broadway. Eureka. 269-0533.
www.applebees.com. Casual American family
dining. Daily. W, L, D. \$.

Babe's Pizza & Pasta 4015 Walnut Drive. Eu-
reka. 442-3839. www.babespizzapasta.com.
Pizza, pasta and salad bar. Daily. L, D. \$.

Banana Hut Hawaiian BBQ 621 Fifth St.
Eureka. 444-3447. www.thebananahut.com.
Hawaiian dining with cocktails and catering
available. MON-FRI 11AM-9PM, SAT noon-9PM,
SUN noon-8PM. V, L, D. \$.

Bar-Fly Pub And Grub 91 Commercial St.
Eureka. 443-3770. www.barflypub.com. Pub-
style food served until 1:30AM. MON-SAT 4
pm-2AM, SUN 4PM-10PM. D. \$.

Bayfront Restaurant 1 F St. Eureka. 443-7489.
Find us on Facebook. Sushi, Italian and Japa-
nese cuisine with a Teppanyaki grill and a view
of Humboldt Bay. Daily 11AM-9:30PM. Local
ingredients, L, D. \$.

Bella Italia 534 Fifth St. Eureka. 443-3070.
Italian and American dining. MON-SAT 11AM-
9:30PM, SUN noon-4PM. V, L, D.

Bikini Brews 71 W. Fourth St. Eureka. 499-
3461. Locally roasted, organic coffee and
more served by baristas in bikinis. MON-FRI
5AM-6:30PM, SAT-SUN 7AM-5PM. \$.

Black Lightning Motorcycle Cafe 440 F St.
Eureka. 442-2562. blacklightningmotorcycle-

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Cobb

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Reuben

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- A1 Crispy Egg Rolls (4)
- A2 Fresh Spring Rolls (3)
- A3 Bbq Pork Spring Rolls (3)
- A4 Lemongrass Chicken Spring Rolls (3)
- A5 Coconut Shrimp (6)
- A6 Satay Grilled Chicken (4)
- A7 BBQ Beef Spring Rolls
- A8 Special Combo Spring Rolls
- A9 Mango Salad

VEGETARIAN

- V7 Vegetarian Spring Rolls (3)
- V8 Vegetarian Vermicelli Tofu
- V9 Vegetarian Rice Plate
- V10 Vegetarian Egg Noodle Plate
- V11 Vegetarian "Pho" Mix Vegetable & Tofu

BEEF NOODLE SOUP

- P1 House Special Combo Beef Noodle
- P2 Eye Round Steak, Flank Steak Fat Brisket, Tendon and Tripe
- P3 Eye Round Steak, Well Done Brisket, Tendon and Tripe
- P4 Well Done Brisket, Flank Steak, and Fat Brisket
- P5 Eye Round Steak, and Well Done Brisket
- P6 Eye Round Steak and Tripe

- P7 Eye Round Steak and Tendon
- P8 Eye Round Steak
- P9 Meat Ball
- P10 Eye Round Steak and Meat Ball
- P11 Eye Round Steak, Flank Steak and Fat Brisket
- P12 Eye Round Steak and Fat Brisket
- P13 Eye Round Steak, Flank Steak and Tripe
- P14 Eye Round Steak, Flank Steak and Tendon
- P15 Well Done Brisket, Flank, Fat Brisket, Tendon & Tripe
- P16 Eye Round Steak, Well Done Brisket and Meat Ball
- P17 Well Done Brisket, Flank Steak and Meat Ball
- P18 "Pho" Mix Vegetable & Tofu

CHICKEN SOUPS

- C1 Rice Noodle Chicken Soup
- C2 Clear Noodle Chicken Soup
- C3 Vermicelli Noodle Chicken Soup
- C4 Fat Noodle Chicken Soup

SEAFOOD NOODLE SOUPS

- M1 House Special Combo Egg Noodle
- M2 Egg Noodle Seafood Soup
- M3 House Special Combo Rice Noodle
- M4 Rice Noodle Seafood Soup
- M5 Fat Rice Noodle Seafood Soup

VERMICELLI NOODLE

- B1 Grilled Prawns
- B2 Grilled Prawn, Pork and Egg Roll
- B3 Grilled Prawn and Pork
- B4 BBQ Pork and Egg Roll
- B5 BBQ Beef
- B6 BBQ Beef and Egg Roll
- B7 Grilled Prawn, Beef, and Egg Roll
- B8 Grilled Prawn, Lemongrass Chicken, and Egg Roll
- B9 Grilled Lemongrass Chicken and Eggroll
- B10 Grilled Lemongrass Chicken
- B11 Vermicelli Crispy Egg Rolls

RICE PLATE

- C12 Grilled Prawns
- C13 Grilled Prawn, Pork & Egg Roll
- C14 BBQ Pork and Egg Roll
- C15 BBQ Pork
- C16 Grilled Prawn, Beef and Egg Roll
- C17 BBQ Beef and Egg Roll
- C18 BBQ Beef Combo
- C19 Grilled Prawn, Lemongrass Chicken and Egg Roll
- C20 Grilled Lemongrass Chicken and Egg Roll
- C21 Grilled Lemongrass Chicken
- C22 Traditional Vietnamese Shrimp fried rice
- C23 BBQ Pork, Egg Roll & Prawn Over



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cafe.com. Espresso drinks, soups and panini sandwiches. MON-THU 7 AM-5 PM, FRI 7 AM-9 PM, SAT 8 AM-9 PM, SUN 8 AM-4 PM.

Bless My Soul Café 29 Fifth St. Eureka. 443-1090. www.blessmysoulcafe.com. California Creole cuisine, fusion soul food, vegetarian and vegan dishes. MON-THU 3:00-9:00 PM, FRI-SAT 3:00 PM-10:00 PM Closed SUN. D. \$\$\$.

Boathouse Bar & Grill 6690 Fields Landing Dr. Fields Landing. 798-6027. Full bar. American pub food. \$-\$\$.

Bollywood Indian Cuisine 535 Fifth St. Eureka. 304-0208. Indian dining and take-out. MON-FRI NOON-9 PM, SAT 2-9 PM. SUN 3-9 PM. \$-\$\$\$.

Brick & Fire 1630 F St. Eureka. 268-8959. Find us on Facebook. Brick-oven pizza and Mediterranean/Italian cuisine. WED-FRI 11:30 AM-9 PM, SAT-SUN 5 PM-9 PM, MON 11:30 AM-9 PM, Closed TUE. Local ingredients, L, D. \$\$\$.

Bristol Rose Cafe, Eureka Inn 518 Seventh St. Eureka. 497-6093. www.eurekainn.com. American dining, steak and seafood. MON-SAT 5-9 PM. D. \$\$.

Burger King (Bayshore Mall) 3300 Broadway. Eureka. 444-9601. www.bk.com. Fast food. Daily. B, L, D. \$.

Burger King, Eureka 417 S St. Eureka. 442-8104. www.bk.com. Fast food. Daily. B, L, D. \$.

Café Marina and Woodley's Bar 601 Startare Dr. Eureka. 443-2233. www.cafemarina.net. Seafood, sandwiches, steak and breakfast with a bar and a view of Humboldt Bay. Daily. B, L, D. \$\$\$.

Café Nooner 409 Opera Alley. Eureka. 443-4663. www.cafenooner.net. Best of Humboldt 2015 Winner of "Best Vegetarian." Soul food and Mediterranean dining. SUN-WED 11 AM-4 PM, THU-SAT 11 AM-8 PM and until 9 PM during Arts! Alive. V, Local ingredients, L, D. \$\$.

Café Nooner Too! 2910 E St. Eureka. 407-3664. www.cafenooner.net. Breakfast and American and Mediterranean dining with an espresso bar and baked goods. MON-THU 8 AM-4 PM, FRI-SUN 7 AM-4 PM. V, Local ingredients, B, L. \$\$.

Café Waterfront 102 F St. Eureka. 443-9190. American dining with steak, seafood, a full bar and a view of Humboldt Bay. Daily 9 AM-9 PM. V, B, L, D. \$-\$\$\$.

Carl's Jr. Eureka 3160 Broadway. Eureka. 442-1690. www.carlsjr.com. Fast food. Daily. B, L, D. \$.

Chalet House of Omelettes 1935 Fifth St.

Listings continued on page 72 →

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Eureka. 442-0333. Breakfast, brunch and American dining. Daily. B, L, D. \$\$\$.

Chapala Café 201 Second St. Eureka. 443-9514. www.facebook.com/ChapalaCafe. Mexican dining. Daily 11 AM-9 PM. V, L, D. \$-\$\$.

Cherry Blossom Pastry Shop 2940 E St. Eureka. 443-0576. cherryblossombakery.weebly.com. Pastries, specialty cakes and doughnuts. TUE-FRI 6 AM-6 PM, SAT 6 AM-5 PM. B, L. \$\$.

China Buffet 1835 Fourth St. Eureka. 443-8191. Chinese buffet dining and take out. Daily. L, D. \$.

Chin's Café 4200 Broadway. Eureka. 443-0615. Chinese and Southeast Asian dining and take-out. Daily. L, D. \$.

Chinese Gourmet Express 3300 Broadway. Eureka. 268-8158. Casual Chinese inside the Bayshore Mall. Daily. B, L, D. \$.

Coast Seafoods Co. 25 Waterfront Drive. Eureka. 442-2947. www.coastseafoods.com. Oyster and shellfish distributor. Local ingredients.

The Corner Cafe and Bake Shop 502 Henderson. Eureka. 442-1522. Espresso drinks, baked goods and sandwiches. Daily. B, L. \$.

Costco 1006 W Wabash. Eureka. 441-8750. Pizza, sandwiches, hot dogs, smoothies and ice cream. Best of Humboldt 2015 Winner of "Best Hot Dog." Daily. V, L, D. \$.

Country Club Market 5667 South Broadway. Eureka. 445-3567. Grocery, meats and deli. Daily. B, L, D. \$.

Courthouse Café 825 Fifth St. #3. Eureka. 444-8042. Snacks, hamburgers, sandwiches and espresso drinks. MON-THU 7:30 AM-4 PM, FRI 7:30 AM-2 PM. Closed SAT-SUN. B, L. \$.

Dave's Place 426 Grotto St. Eureka. Bar.

Denny's Restaurant, Eureka 136 Fifth St. Eureka. 445-0521. www.dennys.com. Casual American family dining. Daily. B, L, D. \$.

Deo's Sandwich Shop 428 Grotto St. Eureka. 445-1111. www.facebook.com/DeosSandwichShop. Sandwiches, soups and salads. Deli trays available. MON-FRI 10 AM-5 PM, SAT 10 AM-4 PM. Closed SUN. L, D. \$.

The Diver Bar & Grill 2834 F Street. Eureka. 444-6240. Pizzas, burgers, sandwiches, salads. \$\$.

Domino's Pizza 500 Fifth St. Eureka. 442-3030. www.dominos.com. Pizza and sides. Delivery. Daily. L, D. \$\$\$.

Donut Mill 1411 Fourth St. Eureka. 444-8985. Drive-thru doughnuts, espresso drinks and pastries. Daily. B, L. \$.

Listings continued on page 76 →

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— restaurant —

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Sushi, Italian & Japanese Cuisine, Delicious Desserts, Premium Sakes and wines...

Enjoy the best restaurant view of Humboldt Bay, or sit tableside while Teppanyaki chefs entertain you with their banter and culinary skills

Italian selections & Sushi everyday 11am-9:30pm

Teppanyaki tables available Monday to Thursday for dinner, 5-9:30pm
and Friday to Sunday for lunch and dinner, 11:30- 9:30pm

One F Street, Eureka CA • 443-7489



929 4th St., Eureka
443-1632
 8:30am to 12am
 SERVING
 Lunch and Dinner
 Mon-Fri
 Brunch and Dinner
 Sat & Sun





RESTAURANT HANA



Appetizers

Edamame • Seaweed Salad • Plain or Sea Sunomono
Gyoza • Korokke • Shumai • Fish and Chips
Calamari, Yam, Tempura, or Shrimp Basket

Obento

comes with rice, soup, fruit & veggies

Chicken Teriyaki
Tofu Teriyaki
Salmon Teriyaki
Kara-Age
Katsu
Curry Cod

Chef's Specials

Rainbow Roll
Caterpillar Roll
Kaji Roll
Hana Maki
Butsugiri
Poke
Assorted Sashimi
Tiger Roll
Crazy Train

Inside-Out

Smoked Albacore Roll
Smoked Salmon Roll
Unagi Roll
Tempura Yam
Tempura Prawn
Veggie 2

Futo Maki

California Roll
Spider Roll
Deli Roll
Plaza Roll
Vegetable Roll
3-Tempura

Daily Lunch Specials 11:30am-2pm
Happy Hour House Sake & Beer Everyday 3-6pm



Custom Catering Platter



the Rainbow Roll



Customer favorite, the Kaji Roll



Citrus Chicken



Full menu at hana.menu



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BBQ Chicken & Tri Tip
Fresh Pressed Juices • Smoothies
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1450 Broadway, Eureka • 442-6325
www.eurekanaturalfoods.com

Dutch Bros. Coffee, Broadway 1108 Broadway. Eureka. 445-9500. www.dutchbros.com. Drive-thru coffee and espresso drinks. Daily. B, L, \$.

Dutch Bros. Coffee, Eureka 430 N St. Eureka. 445-9500. www.dutchbros.com. Drive-thru coffee and espresso drinks. Daily. B, L, D, \$.

Ernie's 608 A St. Eureka. 442-7146. Bar.

Esmeralda's 328 Grotto St. Eureka. 442-0887. Mexican dining. MON-SAT 11 AM-9 PM. Closed SUN. L, D, \$.

Ethiopian International Cafe 210 Fourth St. Eureka. 407-3630. African specialty dishes and coffee. MON-SAT 11 AM-3 PM, 5-9 PM. V, Local ingredients, L, D,

Eureka Natural Foods 1450 Broadway. Eureka. 442-6325. www.eurekanaturalfoods.com. Market and cafe with deli, prepared foods and baked goods. MON-SAT 7 AM - 9 PM, SUN 8 AM-8 PM, meat & kitchen dept. MON-SAT 7 AM-8 PM, SUN 8 AM-7 PM. V, B, L, D. \$\$\$.

Five Eleven 511 Second St. Eureka. 268-3852. New American dining with a full bar. TUE-SAT 5 PM-2 AM. L, D. \$\$\$.

Fresh Freeze 3023 F St. Eureka. 442-6967. Find us on Facebook. Classic shakes, burgers and fries since 1951. Daily 11 AM-11 PM. L, D, \$.

Gabriel's Italian Restaurant 216 E St. Eureka. 445-0100. Traditional Italian cuisine. MON-SAT 11:30 AM-5 PM. Closed SUN-MON. L, D. \$\$\$.

Gallagher's Irish Pub 139 Second. Eureka. 442-1177. www.gallaghers-irishpub.com. Sandwiches, seafood and Irish dining with a full bar and live music. SUN-THU 11 AM-8:30 PM, FRI-SAT 11:30 PM-9 PM. L, D. \$\$\$.

Gill's By The Bay 77 Halibut Ave. Eureka. 442-2554. www.gillsbythebay.com. Seafood, sandwiches and breakfast with a view of Humboldt Bay. Daily 6 AM-3:30 PM. B, L, \$.

Gold Rush Coffee, Broadway 2742 Broadway. Eureka. 442-2333. www.goldrushcoffee.net. Pastries, sandwiches and smoothies. MON-SAT 6 AM-6 PM, SUN 7 AM-5 PM. B, L, \$.

Golden Harvest Café Eureka 1707 Allard Ave. Eureka. 442-1610. www.goldenharvestcafe.com. Country breakfast and lunch. Daily 7:30 AM-3 PM. B, L, \$.

Gonseal Restaurant 2335 Fourth St. Eureka. 444-8899. www.gonseal.com. Chinese dining and take-out, plus sushi. Daily. L, D, \$-\$\$.

Gonzalez Mexican Restaurant 1134 Fifth St. Eureka. 407-3818. Traditional Mexican dining. THU-TUE 11 AM-9 PM. Closed WED. \$.

Listings continued on page 80 →

HUMBOLDT BAY BISTRO

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FRESH INGREDIENTS • HAPPY HOUR 5-6PM

LOCAL ART • DINING ON THE BAY

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Signature Salad

Carrots, purple cabbage, cucumber, tomato, red bell peppers on a bed of corn, black eye peas, red beans and rice, covered in organic greens. With your choice of prawns (sautéed or deep fried), fried tofu, fried catfish, or seared chicken breast.

Chicken & Waffles

Lightly floured boneless and skinless chicken or chicken breast, cascading over a fresh buttered buttermilk waffle, accompanied with Sweet Mama Janisse's Soul Q BBQ Sauce & Syrup.

BBQ Pork Ribs

Papa Chris' slow smoked, mesquite BBQ pork ribs, tossed in Sweet Mama Janisse's Award winning Soul Q BBQ Sauce.

Crawfish & Sausage Étoufée

Étoufée loosely translated means stew slow cooked in cast iron with housemade roux, trinity spicy sausage and crawfish tail meat, served with Creole herb rice.

*Also available: Shrimp & Crawfish Étoufée

Seared Caribbean Ahi

Yellow Fin Ahi Tuna, traditionally served rare or cooked to order. Smothered in caramelized onions & gala apples.

Sticky Love Sauce Chicken Breast

All-natural chicken breast pan seared & smothered in Sweet Mama Janisse's Award-Winning Sticky Love Fruit Mustard Sauce.

***Vegan, Vegetarian & Gluten-free options available**

443-1090

Monday - Thursday 3pm - 9pm

Friday & Saturday 3pm - 10pm



Greene Lily 307 Second St. Eureka. 798-6083. www.facebook.com/greenelily. American dining brunch. V, B, L.

Grind Cafe 734 Fifth St. Eureka. 445-3899. Sandwiches, soups, salad, baked goods and coffee. MON-FRI 7:30AM-3:30PM. B, L, D. \$.

Restaurant Hana 2120 Fourth St. Eureka. 444-3318. Traditional and fusion Japanese dining and sushi. MON-SAT 11:30AM-9PM. L, D. \$\$.

Happy Donuts & Express Asian Food 2916 Central Ave. Eureka. 443-6812. Drive-thru and take-out doughnuts, espresso drinks and Asian food. Daily 5AM-9:30PM. V, B, L, D. \$.

Harbor Lanes Café 2136 Broadway. Eureka. 443-4533. Burgers, fries, shakes and coffee at the bowling alley. Daily. B, L, D. \$.

Hole In The Wall, Eureka 1331 Broadway. Eureka. 443-5362. Hot and cold made-to-order sandwiches on house-baked bread. Best of Humboldt 2015 Winner of "Best Sandwich." Daily 10AM-6PM. V, L, D. \$-\$\$.

Hot Slice Pizzeria 3300 Broadway St. Eureka. 269-0424. Pizza. MON-THU 10AM-8PM. FRI 10AM-9PM. SAT 10AM-8PM. SUN 11AM-6PM.

Humboldt Bay Bistro 1436 Second Street. Eureka. 443-7339. www.facebook.com/humboldtbaybistro. French and American dining. WED-MON 5-9PM.

Humboldt Bay Coffee Co. 526 Opera Alley. Eureka. (800) 787-5282. www.humboldtcoffee.com. Micro roaster of organic, fair trade, shade-grown and Rainforest Alliance-certified coffees. MON-FRI 8:30AM-5PM. Local ingredients, B. \$.

Humboldt Bay Tourism Center 205 G St. Eureka. 800-808-2836. www.HumboldtBayTourismCenter.com. Local wine, beer, oysters and specialty foods. TUE-SUN. noon-9PM.

Humboldt Chocolate 425 Snug Alley. Eureka. 445-8015. Premium handmade chocolates, created daily. \$-\$\$.

Humboldt Cider Company 3750 Harris St. Eureka. 798-6023. humboldtcidercompany.com. Hand-crafted ciders and snacks. \$-\$\$.

Humboldt Smokehouse 310 Fifth St. Eureka. 497-6261. Barbecue, sides, sandwiches and burritos. Best of Humboldt 2015 Winner of "Best Barbecue." Winter Hours: MON-THU 11AM-4PM, FRI-SAT 11AM-7PM. Summer Hours: MON-SAT 11AM-8PM. Closed SUN. L. \$\$.

Humboldt Soup Company 1019 Myrtle Ave. Eureka. 268-8298. www.humboldtsoupcompany.com. Soup, sandwiches and signature dishes featuring vegan, vegetarian and gluten-free options. V, Local ingredients, L, D. \$.

Hunan Restaurant 2912 E St. Eureka. 444-

9241. Chinese dining and take-out. Daily. L, D. \$.

A & J Ichiban 615 F St. Eureka. 273-5299. Japanese bento box with American flavor, sushi, steak, pasta and more. Daily 11AM-9:30PM. \$-\$\$.

Jitter Bean Coffee, Eureka 1836 Fifth St. Eureka. 444-8130. www.jitterbeancoffee.com. Coffee, pastries and fruit drinks. Daily. \$.

Jitter Bean Coffee, Broadway 1225 Broadway. Eureka. 442-5042. www.jitterbeancoffee.com. Coffee, espresso drinks, pastries and fruit drinks. Daily. \$.

Jitter Bean, Harris 3101 Montgomery. Eureka. 442-2504. Coffee, espresso drinks, pastries and fruit drinks. MON-FRI 5:30AM-6PM, SAT 6AM-5PM, SUN 6AM-4:30PM. \$.

Kool Beanz Coffee and Ice Cream 1338 Myrtle Ave. Eureka. 442-5665. www.facebook.com/koolbeanzcoffeeEureka. Espresso, ice cream and sandwiches. MON-FRI 7AM-5PM. SAT 9AM-5PM. B, L. \$.

Kristina's 250 W. Fifth St. Eureka. 444-3322. American family dining. MON-SUN 6AM-9PM, FRI-SAT 6AM-10PM. B, L, D. \$-\$\$.

Kyoto Japanese Restaurant 320 F St. Eureka. 443-7777. www.facebook.com/Kyoto707. Sushi bar and Japanese dining. TUE-SAT 11:30AM-3PM & 5PM-9:30PM. V, L, D. \$\$\$.

La Patria Solis 1718 Fourth St. Eureka. 407-3848. Mexican dining. Daily 11AM-9PM. V, L, D. \$.

Leonardi's Pizza 363 West Harris. Eureka. 442-3543. Pizza and sandwiches located inside WinCo Foods. Daily. B, L, D. \$.

Lil' Red Lion Cocktail Lounge 1506 Fifth St. Eureka. 444-1344. Bar.

Little Caesars Pizza 906 West Ave. Eureka. 442-4444. Pizza chain. Daily 10:30AM-10PM. V, B, L, D.

Little Jalisco Taqueria And Catering 2003 Eich Road. Eureka. 444-2487. Traditional Mexican dining. MON-SAT. L, D. \$.

Liu's Oriental Cuisine 823 Broadway. Eureka. 269-2618. Chinese dining and take-out. Daily. L, D. \$.

Living The Dream Ice Cream 1 F Street, Bayfront 1 Complex. Eureka. 407-3508. www.ltdicecream.com. Organic handmade ice cream, gelato and waffle cones. Shakes and malts. Daily noon-10PM. Local ingredients, L, D. \$.

The Local Beer Bar 517 F St. Eureka. 497-6320. www.thelocalbeerbar.com. MON-THU 4PM-10PM. FRI-SAT 4-11. SUN 2-8.

Listings continued on page 83 →



Meats

Chicken / Pork Belly

Pulled Pork / Pork Loin / Burnt Ends

The BBQ Box



The Cadillac



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**Delicious
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Burgers

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just a couple blocks from old town

Los Bagels, Eureka 403 Second St. Eureka. 442-8525. www.losbagels.com. Soups, salads, baked goods, bagel sandwiches and organic fair-trade coffee drinks. MON-FRI 6:30 AM-5 PM, SAT 7 AM-5 PM, SUN 7 AM-4 PM. V, Local ingredients, B, L. \$.

Los Gallos Taqueria (Bayshore Mall) 3300 Broadway, Suite 612. Eureka. 443-4631. Mexican dishes in the mall food court. Daily. L, D. \$.

Lost Coast Brewery 1600 Sunset Drive. Eureka. 267-9651. www.lostcoast.com. FRI-SUN 11 AM-5 PM.

Lost Coast Brewery And Café 617 Fourth St. Eureka. 445-4480. www.lostcoast.com. American pub fare, sandwiches, salads and more. Pool tables and all Lost Coast beer. Best of Humboldt 2015 Winner of "Best Brewery" and "Best Hot Wings." SUN-THU 11 AM-10 PM, FRI-SAT 11 AM-11 PM. L, D. \$.

Luis' Mexican Restaurant 946 West Ave. Eureka. 444-2508. Traditional Mexican dining. Daily 11 AM-9 PM. L, D. \$.

Marcelli's Ravioli Restaurant 1323 Fifth St. Eureka. 442-1213. Restaurant and ravioli factory. MON-SAT. L, D. \$.

Marcelli's Pizzeria 1604 Fourth St. Eureka. 497-6374. Fresh hot pizza for dine in, take out and delivery. Salad bar. MON-SAT 11 AM-10 PM, SUN 11 AM-9 PM. Local ingredients, L, D.

Marie Callender's 3502 Broadway. Eureka. 268-8255. www.mariecallenders.com. American family dining and pie. MON-SUN 7 AM-10 PM. B, L, D. \$.

Mazzotti's Old Town 305 F St. Eureka. 445-1912. Find us on Facebook. Italian dining, sandwiches and salads. Best of Humboldt 2015 Winner of "Best Italian" and "Best Pasta Dish." MON-THU 11:30 AM-9 PM, FRI 11:30 AM-10 PM, SAT 5 PM-10 PM, SUN 5 PM-9 PM. V, W, L, D. \$.

McDonald's Eureka 1730 Fourth St. Eureka. 442-8821. www.mcdonalds.com. Fast food. Daily. B, L, D. \$.

McDonald's Bayshore Mall 3450 Broadway, Eureka. 442-5981. www.mcdonalds.com. Fast food. Daily. B, L, D. \$.

Mia Bella Cupcakes 1041 H Street. Eureka. 630-5059. www.miabellacakes.com. Cupcake bakery.

Mike's Drive-Up 637 Broadway. Eureka. 442-4755. Find us on Facebook. Garlic fries, burgers, chili dogs. TUE-SAT. L, D. \$.

Murphy's Market Deli, Cutten 4020 Walnut Drive. Eureka. 443-1288. www.murphysmarkets.net/deli.php. Market with deli and hot and cold prepared foods. Daily 7 AM-8 PM. B, L, D. \$-\$. \$.

Listings continued on next page →



The Local Beer Bar

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BEERMENUS
Instagram, Facebook, Twitter icons

Myrtle Avenue Market and Deli 2500 Myrtle Ave. Eureka. 442-7407. Market and deli with hot and cold prepared foods. Daily. L, D. \$.

Myrtlewood Liquors and John's Cigars 1648 Myrtle Ave. Eureka. 444-8869. www.johns-finecigars.com. Wine, liquors and occasional tastings.

Natural Decadence 3750 Harris St. Eureka. 444-2629. www.naturaldecadence.com. Gluten-free wholesale bakery. V. \$.

Nona's Ice Cream & Coffee (Bayshore Mall) 3300 Broadway. Eureka. 442-6662. Find us on Facebook. Ice cream, smoothies and espresso drinks. MON-THU 8AM-8PM, FRI 8AM-9PM, SAT 8AM-8PM, SUN 11AM-6PM. \$.

North Coast Co-Op, Eureka 25 Fourth St. Eureka. 443-6027. www.northcoastco-op.com. Member-owned grocery store with deli, cafe and hot and cold prepared foods. Best of Humboldt 2015 Winner of "Best Grocery Store." Daily 6AM-9PM. V, Local ingredients, B, L, D. \$.

Northtown Dogs N' Delights 2228 Fourth St. Eureka. 444-2206. Specialty hot dogs. Daily 11AM-10PM. L, D. \$.

Nourish Bistro and Catering 518 Henderson St. Eureka. 273-5197. Serving fresh, local and organic ingredients. Salads, sandwiches,

sliders. MON-FRI 11AM-4PM. \$-\$\$.

Oaxaca Grill 508 Henderson St. Eureka. 445-9702. Traditional Mexican dining. MON-SAT 11AM-8PM. L, D. \$.

Oberon Grill 516 Second St. Eureka. 443-3663. www.oberongrill.com. American dining with steaks, seafood and a full bar. TUE-SAT 11AM-9PM, SUN 8AM-9PM. Closed MON. V, Local ingredients, B, L, D. \$\$.

Old Growth Cellars 500 Quail Valley Road. Eureka. 444-2333. www.oldgrowthcellars.com. Available in Humboldt stores and restaurants.

Old Town Coffee & Chocolates 211 F St. Eureka. 445-8600. www.oldtowncoffeeeureka.com. Coffee drinks, baked goods and chocolates. Best of Humboldt 2015 Winner of "Best Coffee House" and "Best Coffee Roaster." SUN-MON 7AM-8PM, TUE-THU 7AM-9PM, FRI-SAT 7AM-10PM. B, L, D. \$.

Pachanga Mexicana 1802 Fifth St. Eureka. 442-2587. www.pachangamexicana.com. Traditional Mexican dining. MON-SAT 11AM-10PM. Closed SUN. V, Local ingredients, L, D. \$.

Pacific Bar & Grill Restaurant 1929 Fourth St. Eureka. 441-4742. www.red-lion-hotel-eureka.com. Americana classics, desserts, wines and beer. Inside the Red Lion Hotel. MON-SUN. B, L, D. \$.

Palm Lounge, Eureka Inn 518 Seventh St. Eureka. 497-6093. www.eurekainn.com. Bar.

Panda Café 1010 Broadway. Eureka. 443-2786. Chinese dining and take-out. Daily. L, D. \$.

Papa Murphy's Take 'N' Bake Pizza, Eureka 407 Henderson St. Eureka. 443-9977. www.papamurphys.com. Take-and-bake pizza and desserts. SUN-THU 11AM-9PM, FRI-SAT 11AM-9:30PM. V, L, D. \$.

Paul's Live From New York, Eureka 604 F St. Eureka. 442-5800. Find us on Facebook. Best of Humboldt 2015 Winner of "Best Pizza." New York-style pizza, pasta, salads and sandwiches. MON-THU 11:30AM-9PM, FRI-SAT 11:30AM-10PM, SUN noon-9PM. V, L, D. \$.

Pepe's Mexican Food 427 V St. Eureka; 724 G Street. Arcata. 476-8000. Traditional Mexican dining. Daily. B, L, D. \$.

Philly Cheese Steak Shoppe, Eureka 3050 Broadway. Eureka. 443-7400. www.philly-cheesesteakshoppe.com. Cheese steaks, salads, garlic fries. Daily. L, D. \$.

Pho Thien Long Vietnamese Restaurant 307 Fourth St. Eureka. 445-4735. Best of Humboldt 2015 Winner of "Best Asian Restaurant" and "Best Thai." Vietnamese dining and take-out. MON-SUN 11:30AM-8:45PM. V, L, D. \$.

Porter Street Barbeque, Eureka 605 Broadway. Eureka. 443-1700. Find us on Facebook. Traditional American barbecue sandwiches, chicken and ribs. MON-SAT 10AM-9PM. L, D. \$.

Ramone's Bakery & Café, Old Town 209 E St. Eureka. 445-2923. www.ramonesbakery.com. Specialty cakes, baked goods, espresso drinks, sandwiches and soups. Best of Humboldt 2015 Winner of "Best Bakery." MON-FRI 7AM-6PM, SAT 8AM-5PM, SUN 8AM-4PM. B, L. \$.

Ramone's Bakery & Café, Harrison 2297 Harrison St. Eureka. 442-1336. www.ramonesbakery.com. Baked goods, sandwiches, soups, salads, pizzas, espresso drinks, wine and beer. Best of Humboldt 2015 Winner of "Best Bakery." MON-SAT 6:30AM-9PM, SUN 7:30AM-7PM. B, L, D. \$.

Ramone's Bakery & Café, Pierson's 4100 Broadway. Eureka. 476-0401. www.ramonesbakery.com. Espresso drinks and baked goods inside Pierson's Building Supply. Best of Humboldt 2015 Winner of "Best Bakery." MON-FRI 7:30AM-6PM, SAT 8AM-6PM, SUN 9AM-5:30PM. B, L. \$.

Restaurant 301, Carter House Inns 301 L St. Eureka. 444-8062. www.carterhouse.com. New American cuisine with a full bar. Daily 5PM-8:45PM. Local ingredients, D. \$\$\$.

Rita's Margaritas & Mexican Grill, Harris St. 427 West Harris St. Eureka. 476-8565.

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www.ritascafe.com. Traditional Mexican dining with a full bar. Best of Humboldt 2015 Winner of "Best Mexican Restaurant." MON-WED 11 AM-9 PM, THU-SAT 11 AM-10 PM. Closed SUN. L, D. \$.

Rita's Margaritas & Mexican Grill, Fifth St.
1111 Fifth St. Eureka. Restaurant: 443-5458. Catering: 601-7749. www.ritascafe.com. Traditional Mexican dining with a full bar. Best of Humboldt 2015 Winner of "Best Mexican Restaurant." Daily, 11 AM-9 PM. L, D. \$.

Riverbend Cellars & More 434 Second St. Eureka. 441-9141. Taste wines from Riverbend, Monument Mountain and Rocky's Ridge. TUE-THU 1 PM-8 PM, FRI-SAT 1 PM-9 PM, SUN noon-6 PM. \$.

RJ Grin's Lounge, Red Lion Hotel 1929 Fourth St. Eureka. 445-0844. www.red-lion-hotel-eureka.com. Full-service bar serving food inside the hotel. Daily. D. \$.

Rose's Billiards 535 Fifth St. Eureka. 497-6295. rosesbilliards.com. Bar. SUN-THU 1-11 PM, FRI-SAT 1 PM-midnight. MON-THU 3 PM-midnight, FRI-SAT 3 PM-2 AM, SUN 3-11 PM.

Round Table Pizza, Eureka 2810 E St. Eureka. 445-3227. www.roundtablepizza.com. Pizza, salad bar and beer. Daily. L, D. \$ \$.

Roy's Club Italian Restaurant 218 D St. Eureka. 442-4574. Find us on Facebook. Italian and seafood cuisine with a bar. WED-SUN. L, D. \$ \$ \$.

Safeway Deli, Eureka 2555 Harris St. Eureka. 269-0133. www.safeway.com. Supermarket deli with sandwiches, bakery and hot and cold prepared foods. MON-SUN. L, D. \$.

Sal's Myrtlewood 1696 Myrtle Ave. Eureka. 443-1881. Bar.

Sammy's BBQ & Catering 1125 King Salmon Ave. Eureka. 442-4227. www.sammysbbq-catering.com. Polynesian and American barbecued meats and sides. TUE-SAT 11 AM-7 PM. L, D. \$- \$ \$.

Samoa Cookhouse 908 Vance Ave. Samoa. 442-1659. www.samoacookhouse.net. Historic all-you-can eat, lumberjack-style dining. Daily 7 AM-8 PM. B, L, D. \$ \$.

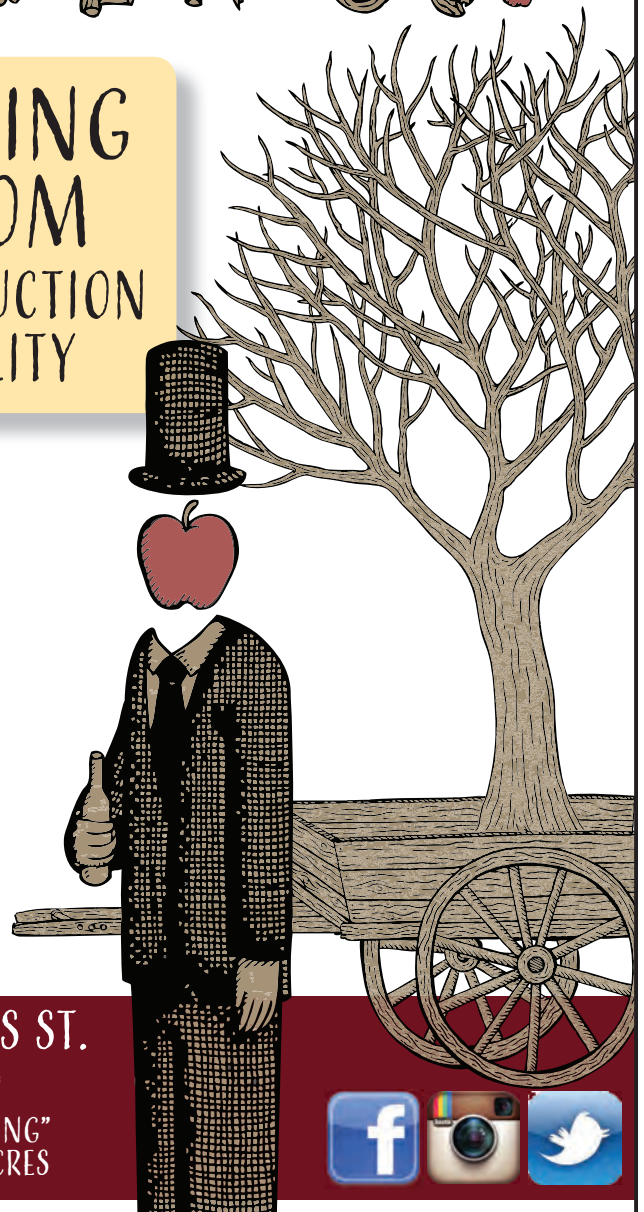
The Sea Grill 316 E St. Eureka. 443-7187. www.facebook.com/316.Est. Seafood specialties and a full bar. Best of Humboldt 2015 Winner of "Best Seafood." Dinner MON-SAT 5-9 PM. Closed SUN. Local ingredients, D. \$ \$ \$.

Sequoia Park Zoo Café 3414 W St. Eureka. 442-5649. www.sequoiaparkzoo.net. Burgers, fries, ice cream and espresso drinks. No zoo admission required. Winter: TUE-SUN

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11AM-4PM, Summer (Memorial Day-Labor Day) daily 11AM-4PM. L, D. \$.

Shamus T Bones 1911 Truesdale St. Eureka. 407-3550. Find us on Facebook. American barbecue dining with a full bar and a view of the bay. Dinner daily 4PM, lunch, SAT-SUN 1:30AM-4PM, brunch 9:30AM-1:30PM, extended bar hours. L, D. \$\$\$-\$\$\$\$.

The Shanty 213 Third St. Eureka. 444-2053. Bar. Best of Humboldt 2015 Winner of "Best Dive Bar." MON-SAT noon-2AM, SUN 10AM-2AM.

Siam Orchid 427 V St. Eureka. 407-3838. Traditional Thai dining and take-out. Daily. V, L, D. \$.

The Siren's Song Tavern 325 Second St. Eureka. 442-TSST. www.sirensongtavern.com. Extensive beer list and small-plate appetizers. Live music. MON-THU 3PM-10PM, FRI-SAT 3PM-11PM, SUN noon-8PM. Local ingredients, W, L, D. \$.

Sixth & E Eatery 603 E Street. Eureka. 445-8783. www.6thande.com. Pasta, steak, seafood, salads, burgers, vegetarian. TUE-THU 11AM-9PM. FRI 11AM-10PM. SAT noon-10PM. V, B, L, D.

Sizzler 1905 Fifth Street. Eureka. 442-2626. www.sizzler.com. Seafood, steak, salad bar and brunch. SUN 8AM-9PM, FRI-SAT 11AM-9:30PM, MON-THU 11AM-9PM. L, D. \$.

Smug's Pizza, Eureka 626 Second St. Eureka. 268-8082. www.smugspizza.com. Pizza by the slice or the pie. Best of Humboldt 2015 Winner of "Best Eatery on a Budget." MON-THU 11AM-6PM, FRI-SAT 11AM-6:30PM. L, D. \$.

The Speakeasy 411 Opera Alley. Eureka. 444-2244. Bar. Best of Humboldt 2015 Winner of "Best Bar to Take a Date," "Best Bartender" and "Best Martini." MON-THU 4PM-11PM, FRI-SAT 4PM-1AM. D.

Starbucks Myrtle Ave. 1117 Myrtle Ave. Eureka. 445-2672. www.starbucks.com. Espresso drinks, baked goods and sandwiches. Daily. B, L, D. \$.

Starbucks Fifth & E 326 Fifth St. Eureka. 445-2685. www.starbucks.com. Espresso drinks, baked goods and sandwiches. Daily. B, L, D. \$.

Starbucks at Target 2525 Fourth St. Eureka. 442-0201. Espresso drinks, baked goods and sandwiches. \$.

Stars Hamburgers, Eureka 2009 Harrison Ave. Eureka. 445-2061. Grass-fed beef, fries and shakes. Best of Humboldt 2015 Winner of "Best Burger" and "Best Fries." MON-THU 11AM-8PM, FRI 11AM-9PM, SAT 11AM-8PM, SUN noon-6PM. L, D. \$.

Listings continued on next page →

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Steve and Dave's Bar 200 First St. Eureka.
443-8887. Bar. Daily 10AM-2AM.

Stuf't Potato 3200 South Broadway #8. Eureka. 444-6200. www.stuftpotato.com. German dining and desserts. WED-SUN 11AM-9PM. Breakfast: SAT-SUN 8AM-Noon. B, L, D. \$.

Subway, Broadway 3300 Broadway #608. Eureka. 442-7827. www.subway.com. Made-to-order sandwich chain. Daily. B, L, D. \$.

Subway, Downtown Eureka 1906 Fourth St. Eureka. 441-1868. www.subway.com. Made-to-order sandwich chain. Daily. B, L, D. \$.

Subway, Eureka Mall 800 West Harris St. Eureka. 269-0788. www.subway.com. Made-to-order sandwich chain. Daily. B, L, D. \$.

Subway, Myrtle Ave. #1 1111 Myrtle Ave. Eureka. 476-8954. www.subway.com. Made-to-order sandwich chain. Daily. B, L, D. \$.

Subway, Myrtle Ave. #2 1651 Myrtle Ave. Eureka. 443-0448. www.subway.com. Made-to-order sandwich chain. Daily. B, L, D. \$.

Surf Room 2136 Broadway. Eureka. 443-4533. www.harborlanes.net. Bar.

Surfside Burger Shack 445 Fifth St. Eureka. 268-1295. www.facebook.com/homeoft-

hetsyunamichallenge. Grass-fed beef, hand-cut fries and onion rings. Daily. L, D. \$.

Sweet Temptations 215 F St. Eureka. 269-2639. Candy and ice cream shop. Daily.

Taco Bell Eureka 3080 Broadway. Eureka. 268-0384. www.tacobell.com. Mexican fast food. Daily. B, L, D. \$.

Taqueria Rosales 312 W. Washington St. Eureka. 798-6333. Mexican food. L. \$.

Tandoori Bites 1735 Fourth St. Eureka. 443-2080. Indian dining with buffet. MON-SAT 11:30AM-3PM & 5PM-9:30PM, SUN 5PM-9:30PM. V, L, D.

A Taste of Bim 613 Third Street. Eureka. 798-6300. Caribbean cuisine. MON 11AM-2PM, MON-THU, 11AM-9PM, FRI-SUN 11AM-10PM, SUN 12PM-7PM.

Tasty Tacos 3943 Walnut St. Eureka. 441-1509. Casual Mexican dining and take-out.

Tea Garden Café 1338 Myrtle Ave. Eureka. 445-9238. Chinese and American dining and take-out. MON-SAT. L, D. \$.

Tip Top Gentleman's Club 6269 Loma Ave. Eureka. 443-5696. www.fabuloustiptop.com. Bar, exotic dancing.

Ultimate Yogurt, Eureka 1117 Myrtle Ave. Eureka. 443-9646. Find us on Facebook. Self-serve frozen yogurt and toppings. SUN-THU 11AM-10PM, FRI-SAT 11AM-11PM. L, D. \$.

Vampire Penguin 3144 Broadway Suite C-5, Eureka. 798-6121. Shaved snow and desserts.

Village Pantry, Eureka 1912 Broadway. Eureka. 443-8174. American family dining. Daily 24 hours. B, L, D. \$\$.

The Wine Spot 234 F St. Eureka. 497-6236. www.wine-spot.net. Local and international wines with live music and WiFi. Daily. L, D. \$.

Wolf Dawg 525 Second St, Vance Hotel Lobby, Eureka. 442-3294. www.facebook.com/TheWolfDawg. Specialty hot dogs, sandwiches and beer. TUE-SAT 11AM-4PM, Closed SUN-MON. L.

Z&J Asian Subs, Drive Thru 2336 Third St. Eureka. 268-1188. www.zandjasiansubs.com. Drive-thru barbecued Asian-style sandwiches, shakes and bubble teas. MON-FRI 9:30AM-7PM, SAT 11AM-7PM, SUN 11AM-4PM. V, L, D. \$.

Zoë Restaurant 2850 F Street. Eureka. 273-5263. www.zoe-eureka.com. Soups, salads, sandwiches, specials. WED-SAT 5:30PM-9PM. D. \$-\$\$.



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egg, sausage (veggie or meat), cheddar cheese, chipotle secret sauce on a grilled homemade English Muffin
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Black Lightning Breakfast Quesadilla

eggs, bacon (locally smoked Wild Oaks Grill), jack cheese, chipotle secret sauce

Humboldt Breakfast Quesadilla

eggs, Humboldt Fog cheese, onion, tomato, arugula, garlic-mayo

Bomblettes (as in 3 mini omelets that are the bomb!)
egg, swiss, onion, capers, basil, tomato, chipotle secret sauce

German Pancakes

baked german style pancakes topped w/fresh fruit & real maple syrup

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Pasty

grass-fed beef, potato, au jus
served with a side salad

PANINI SANDWICHES

served on homemade bread (gluten-free bread, lettuce or tortilla wrap available upon request)

The Ducati

tomato, mozzarella, basil, balsamic vinegar

The Triumph

roast beef, grilled onion, tomato swiss cheese, horseradish mayo

The Suzuki

cajun tuna, swiss, grilled onion, tomato, capers

The Vincent

brie, pear, arugula, balsamic vinegar

The Buell

ham, swiss, pickles, mustard

The Bultaco

chipotle chicken, monterey jack, guacamole

The Guzzi

turkey, pesto, tomato, arugula, mozzarella

The Harley

roast beef, ham, bacon, swiss, mayo, ground mustard, pickles, fried egg

The Hodaka

BBQ tofu, jack, grilled onion, tomato, arugula

The Norton

swiss, monterey jack, cheddar cheese, garlic

**Black Lightning Chipotle Bean Soup or
Soup of the Day**

SALADS

The Chopper

sunflower seeds, raisins, apple, parmesan, croutons, balsamic dressing on a bed of chopped artisan romaine

The Bobber

blue cheese dressing, red onion, dukka on artisan romaine

The Café Racer

Cypress Grove Chèvre, grapefruit, walnuts, sea salt, pepper, olive oil on a bed of arugula

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Eel River Region



Auction Yard Café 603 Third St. Fortuna.
725-5188. Hamburgers and weekly specials.
Cash only. W, B, L, D. \$.

Bear River Express, Bear River Casino 11
Bear Paws Way. Loleta. 733-9644. www.bearrivercasino.com. Deli sandwiches, subs
and light fare. Daily. V, B, L, D.

Bob's Footlongs 505 12th St. Fortuna. 725-
2016. Burgers, dogs, fries and shakes since
1949. MON-SAT. L, D. \$.

Burger King, Fortuna 925 South Fortuna
Blvd. Fortuna. 725-1706. www.bk.com. Fast
food. Daily. B, L, D. \$.

Clendenen's Cider Works 96 South 12th St.
Fortuna. 725-2123. Apple orchard and cider
press with baked goods. Open mid-August
through January: MON-SAT 9AM-5:30PM, SUN
10AM-5PM. V, Local ingredients. \$.

Curley's Full Circle 460 Main St. Ferndale.
786-9696. American dining with steaks,
seafood, sandwiches and salads. FRI-TUE
11:30AM-9PM. \$-\$\$\$.

Double D Steak and Seafood 320 Main St.
Fortuna. 725-3700. Find us on Facebook.
Seafood and pastas. and full bar. D \$\$\$-\$\$\$\$.

Eel River Brewing Co. 1777 Alamar Way. For-
tuna. 725-BREW (2739). www.eelriverbrewing.com. American pub dining and brewery.
Daily, 11AM-11PM. Local ingredients, L, D. \$\$.

Fernbridge Market Ridgetop Cafe 623 Fer-
nbridge Drive. Fortuna. 786-3900. Burgers,
sandwiches, salads, American fare, signa-
ture items. At foot of Fernbridge. 7AM-3PM.
Closed TUE. \$\$.

Ferndale Meat Company 376 Main St. Fern-
dale. 786-4501. Meat market and sandwich-
es. MON-SAT. L. \$.

Ferndale Pie Company 543 Main St. Ferndale.
786-4444. Baked goods, ice cream and
coffee drinks. MON-SAT 7AM-7PM. V.

Ferndale Pizza Company 607 Main St.
Ferndale. 786-4345. Italian family restaurant
serving pizza, pasta and sandwiches. TUE-
SUN. L, D. \$.

Frog Alley Cellars 1436 Ambrosini Lane.
Ferndale. 786-4353. Winemaker.

Funky Monkey 1875 Riverwalk Drive. Fortuna.
725-1600.

Hoppy's Froyo 1151 Main St. Fortuna. 682-
6187. Self-serve frozen yogurt and hot and

cold drinks. MON-THU NOON-8PM, FRI-SAT noon-9PM. \$.

Hot Brew 904 S Fortuna Blvd. Fortuna. 725-2361. American breakfast, sandwiches and salads. MON-FRI 6AM-3PM, SAT-SUN 7AM-3PM. B, L. \$.

Hotel Ivanhoe 315 Main St. Ferndale. 786-9000. www.ivanhoe-hotel.com. American dining with steaks, seafood, Italian entrees and a full bar. WED-SUN 5-9PM. D. \$\$\$.

Humboldt Sweets Bakery & Cafe 614 Main St. Ferndale. 786-4683. www.humboldtsweetsbakery.com. Homemade lunch specials daily. TUE-SAT 8:30AM-5PM. B, L. \$.

Hunan Village Fortuna 1468 Main St. Fortuna. 725-3459. Chinese dining and take-out. Daily. L, D. \$.

Jitter Bean Coffee, Fortuna 466 North Fortuna Blvd. Fortuna. 725-4594. www.jitterbeancoffee.com. Drive-thru coffee, espresso drinks, pastries and fruit drinks. Daily. \$.

Kome Restaurant 679 S. Fortuna Blvd. Fortuna. 725-8899. www.komefortuna.com. Sushi, Japanese dining and take-out. MON-THU 11:30AM-9:30PM, FRI 11:30AM-10PM, SAT noon-10PM, SUN noon-9:30PM.

L's Kitchen 1260 Main St. Fortuna. 726-7779. www.facebook.com/LauronsKitchen. Country-style American family dining. MON-TUE 6:30AM-2:30PM, WED-SUN 6:30AM-8PM. B, L, D. \$.

La Costa Mexican Restaurant 664 S. Fortuna Blvd. Fortuna. 725-9416. Traditional Mexican and seafood dining. Daily. L, D. \$.

Las Cazuelas Restaurant & Cantina 435 North Fortuna Blvd. Fortuna. 725-2431. Traditional Mexican dining and full bar. MON-SAT. L, D. \$.

Little L's Kitchen 2865 School St. Fortuna. 726-7885. American dining with soups, salads, burgers and sandwiches. TUE-SUN 6:30AM-2:30PM. \$.

Lost Coast Café & Bakery 468 Main St. Ferndale. 786-5330. Vegetarian and vegan dining, bakery and coffee drinks. Daily. B, L. \$-\$\$.

McDonald's Fortuna 761 South Fortuna Blvd. Fortuna. 725-9530. www.mcdonalds.com. Fast food. Daily. B, L, D. \$.

Listings continued on page 94 →

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Murrish Market 3415 State Route 36. Hydesville. 768-3604. Grocery, deli, sandwiches and barbecue. MON-SAT 6AM-9PM, SUN 8AM-9PM.

No Brand Burger Stand 1400 Main St. Ferndale. 786-9474. Burgers, sandwiches and shakes. MON-SAT. L, D. \$.

Papa Murphy's Take 'N' Bake Pizza, Fortuna 709 S. Fortuna Blvd. Fortuna. 725-9391. www.papamurphys.com. Take-and-bake pizza and desserts. SUN-THU 11AM-9PM, FRI-SAT 11AM-9:30PM. L, D. \$\$.

Pepper's 719 S. Fortuna Blvd. Fortuna. 725-5580. American family dining. Daily 6AM-10PM. B, L, D. \$\$.

Philly Cheese Steak Shoppe, Fortuna 1095 S Fortuna Boulevard. Fortuna. 617-2502. www.phillycheesesteakshoppe.com. \$-\$\$.

Poppa Joe's 409 Main St. Ferndale. 786-4180. www.facebook.com/PoppaJoes. American country breakfast and brunch. MON-SUN. B, L. \$.

Ray's Food Place, Fortuna 2009 Main St. Fortuna. 725-3835. www.gorays.com. Grocery with deli, bakery and prepared foods. Daily. W, B, L, D.

Ray's Food Place Deli, Fortuna 2009 Main St. Fortuna. 725-3835. www.gorays.com. Sandwiches and prepared hot and cold foods. Daily. B, L, D. \$.

Real Food Grocer Cafe 939 Main St. Fortuna. 617-2501. Smoothies, sandwiches, espresso, soups, salads, produce, local and organic, dairy, dry goods. MON-FRI 7:30AM-5:30PM. V, Local ingredients, B, L. \$-\$\$.

Redwood Café 1206 Main St. Fortuna. 725-3998. American family dining. Daily. B, L. \$.

River's Edge, Bear River Casino 11 Bear Paws Way. Loleta. 733-9644. www.bearrivercasino.com. American dining with views of the Eel River Valley. SUN-THU 7AM-9PM, FRI-SAT 7AM-10PM. V, Local ingredients, B, L, D. \$.

Round Table Pizza, Fortuna 759 South Fortuna Blvd. Fortuna. 725-4459. www.roundtablepizza.com. Pizza, salad bar and beer. Daily. L, D. \$.



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Safeway Deli, Fortuna 701 South Fortuna Blvd. Fortuna. 725-5104. www.safeway.com. Sandwiches, soups and hot and cold prepared foods. Daily. B, L, D. \$.

Shotz Coffee and Drive Thru 1665 Main St. Fortuna. 725-8000. Find us on Facebook. Espresso drinks, smoothies and baked goods. MON-SAT 6:15AM-5:30PM, SUN 7:15AM-5:00PM. B, L. \$.

Starbucks Fortuna 1095 S Fortuna Boulevard. Fortuna. 726-7870. Coffee and espresso drinks, baked goods and sandwiches. Daily. \$-\$\$.

Subway, Fortuna 741 South Fortuna Blvd. Fortuna. 725-6218. www.subway.com. Made-to-order sandwich chain. Daily. B, L, D. \$.

Sushi Boat Buffet 751 S. Fortuna Blvd. Fortuna. 725-9988. sushiboatbuffet.webs.com. Chinese buffet and all-you-can-eat sushi on floating boats. MON-FRI 11AM-9PM, SAT-SUN 11:30AM-9PM. L, D. \$\$.

Taco Loco 955 Main St. Fortuna. 725-5546. www.tacolocoFortuna.com. Traditional Mexican dining. MON-FRI 10AM-9PM, SAT 10AM-8PM. W, L, D. \$.

Thirsty Bear Lounge, Bear River Casino 11 Bear Paws Way. Loleta. 733-9644. www.bearrivercasino.com. Full-service bar with food and live entertainment. Daily. B, L, D. \$\$.

Timeout Sports Pub and Wine Bar 1095 S Fortuna Blvd. Fortuna. 725-9100. Full bar with flat-screens and American pub fare. \$-\$\$.

Tom's Sourdough Pizza Villa 101 12th St. Fortuna. 725-1123. Pizza delivery available. 11AM-9PM. L, D. \$-\$\$.

Valley Grocery 339 Main St. Ferndale. 786-9515. Deli sandwiches, homemade foods. MON-SUN. L. \$.

Victorian Inn Restaurant 400 Ocean Avenue. Ferndale. 786-4950. www.victorianvillage-inn.com. New American dining with steak, seafood and a full bar. Daily 8AM-10:30AM & 11:30AM-9PM. B, L, D. \$\$\$.

Westside Pizza 432 S Fortuna Blvd. Fortuna; 600 F St. Arcata. 725-9990. Pizza, pastas and salads. Take-out and delivery available. SUN-THU 11AM-11PM., FRI-SAT 11AM-1AM. L, D. \$-\$\$.



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Southern Humboldt



Amillia's Cafe 443 Melville Road. Garberville. 923-4340. www.amillias.com. Sandwiches and breakfast items from a to-go menu during the week. MON-FRI. B, L, D, \$\$.

Amillia's Fine Dining 927 Redwood Drive. Garberville. 923-4340. www.amillias.com. Soup, salad, pasta, steak during dinner. Located below Food To Go shop on Melville Road in Garberville. Open for dinner FRI-SAT, and brunch on Sunday. 5:30 PM-9 PM FRI-SAT. 10 AM-2 PM SUN. \$-\$\$\$.

Avenue Café 6743 Avenue of the Giants. Miranda. 943-9945. www.avenuecafe.biz. Italian and American fare with patio seating. Daily. Seasonal hours. B, L, D, \$\$.

Benbow Inn 445 Lake Benbow Drive. Garberville. 923-2124. www.benbowinn.com. American fine dining. Seasonal. V, Local ingredients. B, L, D, \$\$.

Blue Room 747 Redwood Drive. Garberville. 923-3817. Bar.

Bon Bistro & Bakery 867 Redwood Dr. Garberville. 923-2509. www.facebook.com/BonBistroBakery, \$-\$\$.

Branding Iron 744 Redwood Drive. Garberville. 923-2562. Bar.

Brass Rail Bar & Grill 3188 Redwood Drive. Redway. 923-3188. www.brassrailinn.com. Baby back ribs and a small selection of bar foods. Daily, seasonal hours. L, D, \$-\$\$\$.

Briceland Vineyards 6609 Ave. of the Giants. Miranda. 923-2429. www.bricelandvineyards.com. Visit the winery by appointment. Tasting room located at Persimmons Garden Gallery's wine room.

Cadillac Wok 373 Sprowl Creek Road. Garberville. 923-2343. Chinese and Thai dishes. Daily. L, D, \$.

Café Bella 3082 Redwood Drive. Redway. 923-2922. Pastries, espresso, savory specials. Daily. B, L, \$.

Café Dolce 545 Shelter Cove Road. Whitethorn. 986-7179. Espresso, paninis, soups and salads. Closed SUN. B, L, \$.

Calico's Café 808 Redwood Drive. Garberville. 923-2253. Microbrews, pasta, burgers, soups, salads and burritos. Daily. L, D, \$\$.

CC Market & Deli 1328 Eeloa Ave. Rio Dell. 764-3073. www.fortunachamber.com/

Listings continued on page 99 →

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Cecil's New Orleans Bistro 773 Redwood Drive. Garberville. 923-7007. garbervillebistro.com. New Orleans dining with a full bar and live music. TUE-SAT 5 PM-9 PM. SUN-MON closed. L, D, \$\$\$.

The Chimney Tree Grill 1111 Avenue of the Giants. Phillipsville. 923-2265. Local, quality grass fed beef burgers. Fresh baked pies, cookies, gluten-free options, soft-serve ice cream, shakes and floats. Closed TUE-WED. Local ingredients. \$\$.

Cove Restaurant 10 Seal Court. Shelter Cove. 986-1197. www.sheltercoveoceanfrontinn.com/restaurant.html, Oceanfront American fine dining. THU-SUN. D, \$\$\$.

Daily Grind 12900 Avenue of the Giants. Myers Flat. 943-3969. Espresso, pastries. Daily. B, L, \$.

D'amato's Pizza & Deli 3460 Redwood Drive. Redway. 923-2174. Find us on Facebook. Homemade Italian specialties, sandwiches and more. MON-FRI. L, D, \$.

Deb's Great American Hamburger Company 3340 Redwood Drive. Redway. 923-2244. www.facebook.com/Debs-Great-American, Hamburgers, sandwiches, ice cream and more. Daily. B, L, D, \$.

DJ's Burger Bar 509 Wildwood Ave. Rio Dell. 764-2924. Made-to-order burgers. MON-SAT. B, L, D, \$.

Eel River Café 801 Redwood Drive. Garberville. 923-3783. www.facebook.com/eel.river.cafe. American breakfasts and lunches. TUE-SAT. B, L, \$.

Flavors Coffeehouse 767 Redwood Drive. Garberville. 923-7717. Espresso, pastries and gourmet specialties. MON-SUN. B, L, \$.

Gallagher's Irish Pub, Scotia Inn 100 Main St. Scotia. 764-5338. www.thescotiainn.com/pub. Pub fare and Irish specialties with a full bar and live music TUE-SAT. L, D, \$.

Getti Up 849 Redwood Drive. Garberville. 923-7231. Buffalo, garden and beef burgers, salads and espresso. Daily. V, L, \$.

Hoby's Market and Deli 105 Main St. Scotia. 764-3623. Famous sandwiches, salads, soups. Daily. B, L, D, \$.

Listings continued on next page →



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MONDAY	9am-5pm	Juice bar closes at 4pm M-F Pizza will be served from 11:30 to closing M-F
TUESDAY	9am-5pm	
WEDNESDAY	9am-9pm*	
THURSDAY	9am-9pm*	
FRIDAY	9am-9pm*	

*Closed from 4:00-5:30pm for changeover

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Honeydew Country Store 44670 Mattole Road. Honeydew. 629-3636. Burgers, fries, shakes and ribs. WED-SUN 11 AM-6 PM. \$.

House of Burgess 747 Redwood Drive. Garberville. 923-9625. www.facebook.com/H.O.Burgess, Homemade soups and classic American fare. Daily. B, L, \$-\$\$\$.

Hum Grown Grindz Brass Rail Parking Lot. Redway. 633-5772. Find us on Facebook. Sliders, sweet and savory crepes, salads. Serving organic and local ingredients. MON-SAT. Noon-5 PM. Closed SUN. V, Local ingredients, L, D. \$.

Humboldt Bar & Grill 924 Redwood Drive. Garberville. 923-1017. Find us on Facebook. Burgers, salads and new American dining. WED-SUN. \$\$.

Humboldt Harvest Coffee & Treats 541 Wildwood Avenue. Rio Dell. 506-3033.

The Juice Bar at Chautauqua On the Town Square. Garberville. Organic, cold pressed juices, salads, wraps, sushi gluten-free baked goods and more. V. \$-\$\$.

Lost Coast Vineyards 795 Conklin Creek Road. Petrolia. 629-3671. www.lostcoast-vineyards.com. Winery and vineyard in Petrolia and certified organic vineyard in Hoopa. By appointment.

The Lost French Man 3350 Redwood Dr. Redway. 923-2030. Find us on Facebook. Wood-fired pizzas, paninis, salads, smoothies, juice bar. MON-TUE 9 AM-5 PM, Wed-Fri 9 AM-9 PM. V, B, L, D, \$-\$\$.

Miguel's Mexican Restaurant 100 Main St. Scotia. 764-3495. Mexican dining. 11 AM-9 PM Daily.

Monument Mountain Vineyards 2330 Monument Road. Rio Dell. 764-3752. www.facebook.com/MonumentMountainVineyards. Winery with vineyard tours. Call for hours.

Nacho Mama 377 Sprowl Creek Road. Garberville. 923-4060. Find us on Facebook. Local, organic, Mexican fast food with patio seating. MON-SAT. Closed SUN. V, L, D, \$.

Persimmons Garden Gallery 1055 Redway Drive. Redway. 923-2748. www.persimmons-gardengallery.com. Wine tasting and gourmet crepes. Breakfast, lunch, live music. WED-FRI. B, L.

Pizza Factory, Rio Dell 185 Wildwood Ave. Rio Dell. 764-2233. riodell.pizzafactory.com. Pizza, pasta, salad bar and sandwiches. Daily. L, D, \$-\$\$.

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Ray's Food Place, Garberville 875 Redwood Drive. Garberville. 923-2279. www.gorays.com. Full-service grocery with bakery, deli and hot and cold prepared foods. Daily. W, B, L, D.

Redway Liquor and Deli 3362 Redwood Drive. Redway. 923-3913. Pizza, sandwiches, burgers and more. MON-SUN. B, L, D, \$.

Riverbend Cellars 12990 Avenue of the Giants. Myers Flat. 943-9907. www.riverbend-cellars.com. Tours by appointment. Daily 11 AM-5 PM.

Riverwood Inn's El Rio Mexican Restaurant 2828 Avenue of the Giants. Phillipsville. Restaurant 943-1930, bar 943-1766/943-3333, www.riverwoodinn.info. Traditional Mexican dining with a fireplace, full bar, live music and dancing. Daily. L, D, \$\$.

Rosina Vineyard 751 Sorenson Road. Redcrest. 722-4331. www.rosinavineyard.com. Family owned and operated vineyard and winery. Call for hours.

Shelter Cove R.V. Campground and Deli 492 Machi Road. Shelter Cove. 986-7474. Market with made-to-order sandwiches and fish and chips. Picnic table seating. TUE-SUN 11 AM-5 PM. V, L.

Sicilito's Pizzeria 445 Conger St. Garberville. 923-2814. www.asis.com/sicilitos. Pizza and American fare. MON-SUN. L, D, \$\$.

Subway and Earp's 76 Convenience Store 790 Redwood Drive. Garberville. 923-9220. www.subway.com. Inside the 76 store. Made-to-order sandwich chain. Daily. B, L, D, \$.

Treats 764 Redwood Drive. Garberville. 923-3554. Ice cream, soups, sandwiches and espresso. Old-fashioned soda shop. Closed WED. B, L,

Whitethorn Winery 545 Shelter Cove Road. Whitethorn. 986-1658. www.whitethornwinery.com. Winery. By appointment.

Woodrose Café 911 Redwood Drive. Garberville. 923-3191. www.thewoodrosecafe.com. Serving organic breakfast and lunch. Best of Humboldt 2015 Winner of "Best Eats in Southern Humboldt." Daily. B, L, \$.

The Yellow Rose 28762 Mattole Road. Petrolia. 629-3273, www.facebook.com/yellow-rosepetrolia, American dining and a full bar. MON-SUN 11 AM-2 AM. L, D, \$.



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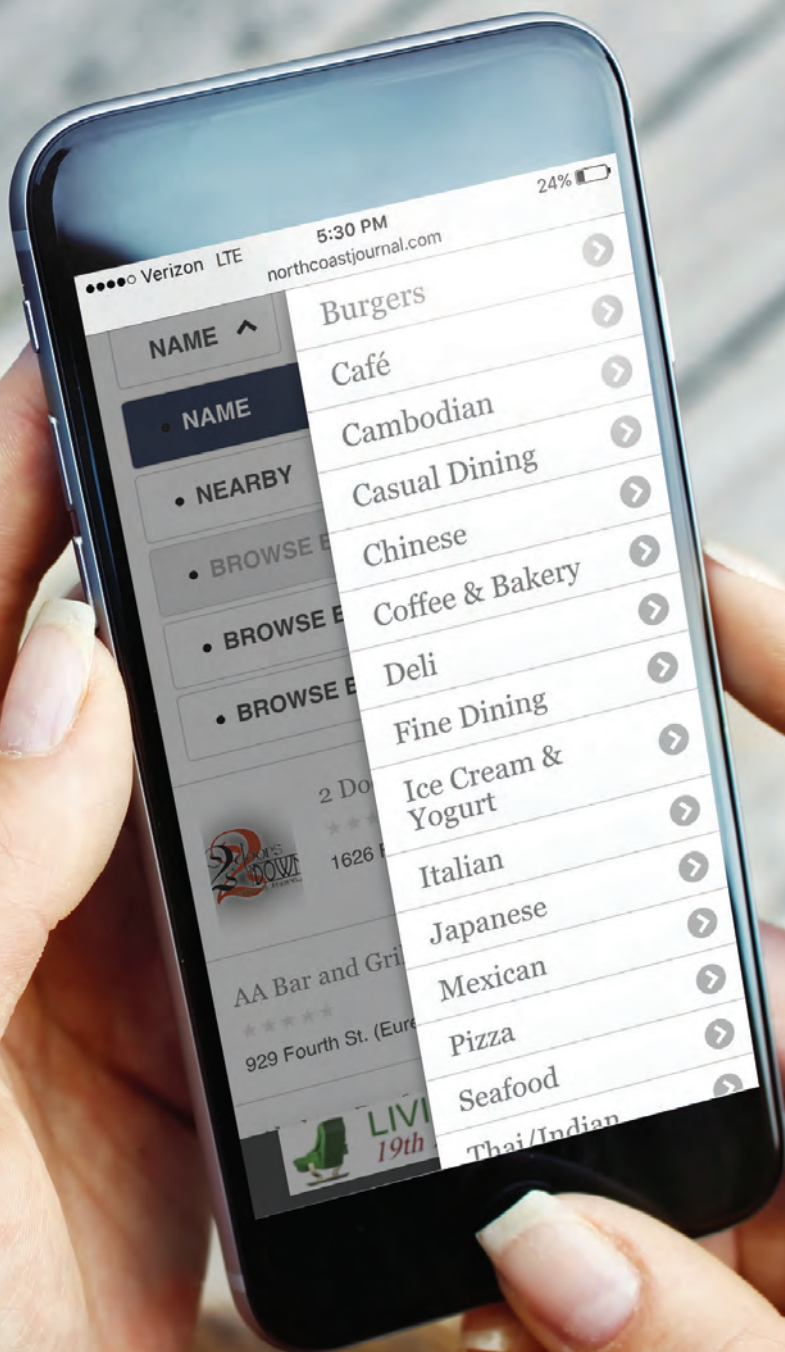
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Soups & Salads

House Salad: Our seasonal house salad is a mix of baby greens from our garden, chevre, candied pistachios, sous vide beets, strawberries, finished with a loleta sage honey-poppy seed vinaigrette

Wild Mushroom Chowder: An array of locally harvested wild mushrooms rendered with applewood smoked bacon, and finished with a pastry tuile

Appetizers

Crab Cakes: Dungeness crab perfectly seasoned with fresh herbs and a hint of lemon, garnished with smoky jalapeno marmalade and a garlic herb aioli

Black Truffle Gnocchi: Light and fluffy yukon gold gnocchi and shaved black truffles with lamb chopper cheese, shallots, sage chiffonade and brown butter

Main Courses

Pork Belly: Smoked braised pork belly, accompanied by sunchoke puree, sous vide baby carrots, rhubarb compote, pickled Mustard Seed, and finished with an apple cider gastrique

Lamb: California lamb prepared three ways; marinated grilled chop, hot smoked lamb belly, and crispy fried lamb sweetbreads, accompanied by clover farms spring red wheat berries, pea shoots, and an artichoke, sun-dried tomato and chevre tart, finished with a mint-blood orange marmalade and a syrah reduction

Dessert

Opera Cake: Layers of soft almond sponge cake soaked in espresso syrup, blanketed with a delicate coffee butter cream and rich chocolate ganache, finished in a decadent chocolate glacage

Flourless Chocolate Torte: Rich dark chocolate torte topped with a milk chocolate ganache, cocoa noir glacage, accompanied by a vanilla bean anglaise and blackberry coulis

Sample menu. Items change daily.

Happy Hour 4-6pm Daily

\$2⁵⁰ Cocktails:

Humboldt Distillery Vodka Martini
Bombay Martini
Jim Beam Manhattan

